

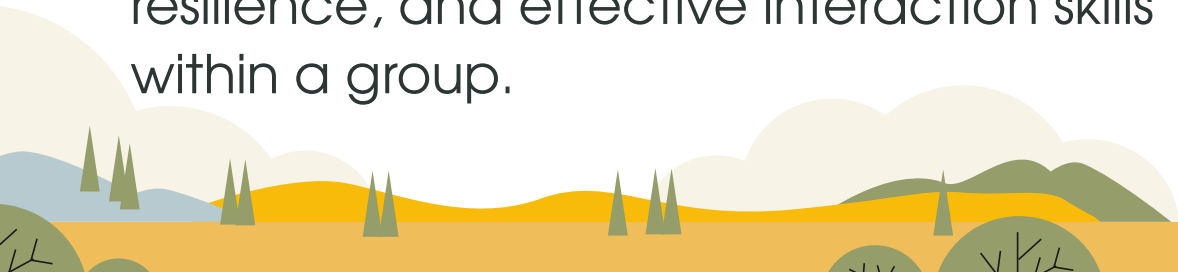
Recovering **the Childhood** in Times of War

We are creating a world where teenagers have equal rights and opportunities for personal growth and development

About us

The **Kids of Ukraine Foundation** helps families affected by the war. The main focus of our activities is the **"SviTy"** program, which aims to provide support to teenagers through a comprehensive psychosocial support program.

It combines **relaxation, educational, and therapeutic elements**. This promotes social integration, the development of emotional resilience, and effective interaction skills within a group.



Summer Camps in the Carpathians

The program for the Carpathian **camps "SviTy"** is based on a methodology designed to help teenagers overcome the consequences of war and restore their inner resources.

Key Approaches: Trauma pedagogy, restorative approach, nonviolent communication.



The "SviTy" camp in the Carpathians
means emotional relief, new friends,
and unforgettable **memories**
for a lifetime.



Main Focus



Psychological support, therapeutic and educational elements

Daily training sessions with psychologists and facilitators, communication circles, and group work.



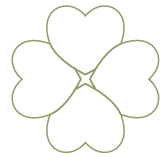
Relaxation Activities

Children participate in sports activities: team competitions, hiking in the mountains, rafting, and morning runs.



Psychological Support

Hearing Yourself and Developing Emotional Resilience



Daily psychological training includes various group discussions and reflections on important topics that help **shape the participants' value system**. Additionally, group discussions and exercises are conducted to develop critical thinking and constructive communication skills.

Thematic training sessions and practices focusing on self-development and stress resilience are organized separately, helping participants effectively cope with challenges and **improve their emotional well-being**.



Relaxation Activities

Active Recreation for Recovery



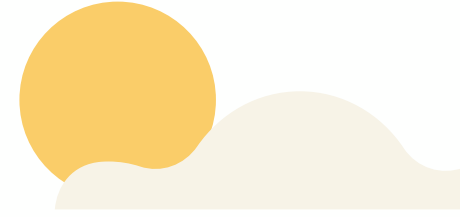
Sports activities effectively contribute to **physical and emotional relief**. During the "SviTy" camp, the following activities are implemented for participants: hiking, rafting, morning runs, and swimming in the river.

These activities not only support the physical condition of teenagers but also **enhance communication skills and strengthen self-belief**. Through shared activities, children discover new aspects of themselves, experience joy in overcoming challenges, and even uncover hidden talents.



What Teenagers Gain

The "SviTy" Camps Are Not Just About Leisure



+ Improvement of emotional well-being

+ Uncovering strengths

+ Communication and new friendships

+ Enhancement of physical condition

+ Development of emotional resilience

+ Strengthening of inner strength

+ Development of teamwork skills

+ Unlocking creative potential



The strength of the team lies
in its interaction and support



Camp participants

The camps are for teenagers aged 11-17 from military conflict zones and occupied territories who have been forced to leave their homes, as well as children of military personnel whose parents are defending our country, are in captivity, or have died as a result of hostilities.



Summer 2023-2024: how it was

200+



children participated
in "SviTy" camps

128

communication circles

56

warm-up sessions

56

practical sessions

52

runs

8



camps were held
within two summers

200+ km
of mountains hikes

9

river rafting trips



Feedback from teenagers

“

What I remember the most are rafting and mountain hiking. Beautiful scenery and fun times – these are my best memories.

“

I was impressed that we all went hiking together. And not like loners but as a "family."

“

The atmosphere and people. I felt calm, and comfortable and got attached to the children and adults; I will never forget this summer.*

**from an anonymous survey for participants*



The goal for summer 2025

To run the "SviTy" program in the Carpathians
for **100 teenagers**

What is included in the program:

- + training and practices with a psychologist;
- + values circles and group discussions;
- + mountain hikes with a guide;
- + river rafting with an instructor;
- + team sports games and other activities;
- + continuous support from a psychologist and the team.

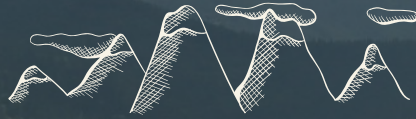


Conducting camps in 2025

68 296 \$

total expenses
for camps in 2025

4



camp sessions

25 children

in each session

17 074 \$

expenses per camp

8 days

the duration of camp

100



children will
participate in camps

~682 \$

expenses per child

∞ memories

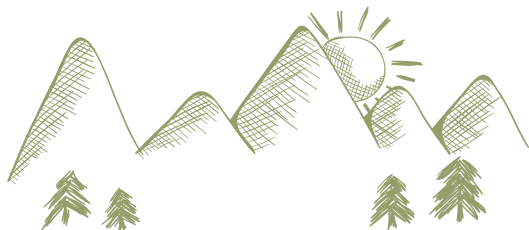
for a lifetime



Total expenses

Total expenses include:

- + 8-day program for teenagers;
- + comfortable accommodation ;
- + 3 meals and 2 snacks a day;
- + activities (hiking, rafting, etc.);
- + instructors', guides', and doctors' services;
- + team support (psychologist, team leaders, etc.);
- + round-trip transportation, insurance.



Support us



It is what childhood looks like

Children rediscover themselves and gather strength for the new school year in a safe and friendly atmosphere



Out partners



softserve

★SHERIFF★

AMUA

Konti



superhumans Center



WELLS FARGO



UVT GROUP



Membership:



Thank You!



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