



Impact report

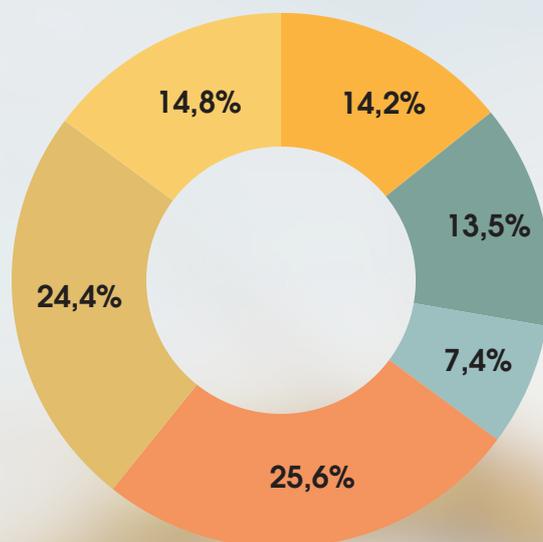
January 2023

Data for the month of January

For the period January 1-31, 2023*

Total expenses: **6532 \$**

 Rent of premises	928 \$
 Club support	884 \$
 Workshops	485 \$
 Psychological support	1670 \$
 Administrative expenses	969 \$
 Day camps	1596 \$



20

hours of group work
with a psychologist



23

workshops, excursions,
and walks



5

hours of individual work
with a psychologist



82

registrations for sessions
throughout the month

*Data on the activities of the "SviTy" club in Lviv

January in Lviv

"Svity" Club Camp

From January 16th to 20th, an intensive five-day camp was held for internally displaced teenagers and children of military personnel aged 12-16. Each day, the children had a packed schedule consisting of group sessions with a psychologist, English lessons, workshops including tote bag painting, theatrical arts, and Aikido, as well as other sports activities, snacks, and full meals.



Important topics were discussed daily:

"Effective Communication Skills,"
"Resilience and Self-Support,"
"Strength of Character,"
"Self-Worth and Self-Esteem,"
and "My Superpower."



Sports activities



Tote bag painting

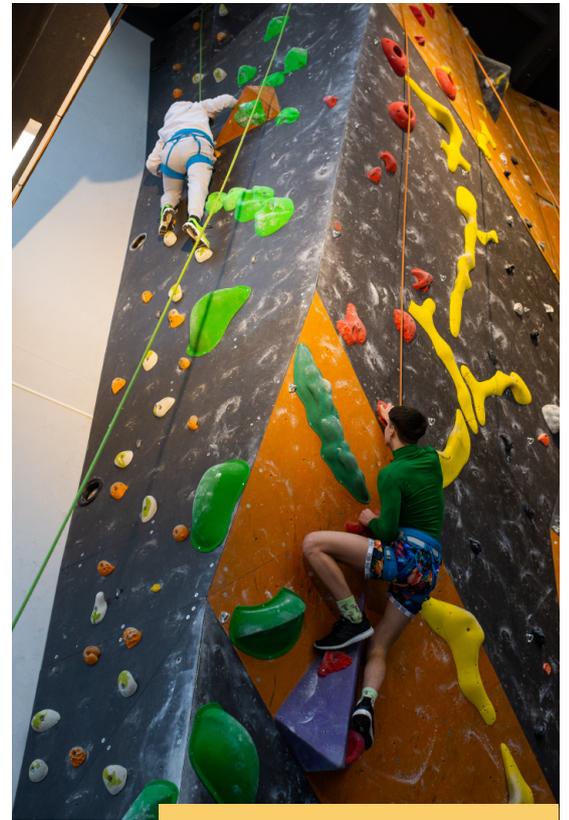
January in Lviv

"Svity" Club Camp

The second five-day camp was held from January 23rd to 27th. The daily program included group sessions with a psychologist, workshops, English lessons, acrylic painting, theatrical arts, as well as a rock climbing lesson, snacks, and delicious full meals.



Overall, 26 adolescents aged 12-16 who were forcibly displaced and moved to Lviv from Mariupol, Zaporizhzhia, Bakhmut, Kherson, Kharkiv, Donetsk, Sloviansk, Dnipro, Kramatorsk, Mykolaiv, Marganets, Lysychansk, Berdiansk, and Luhansk regions participated in the January camps. Additionally, children from Lviv, whose fathers are involved in combat operations, joined us.



Rock climbing lesson

January in Lviv

Trip to Edem Resort Medical & Spa



In January, participants of the "Svity" program visited Edem Resort Medical & Spa as part of the FREEPEOPLE EDEM project, a suburban complex near Lviv. An interesting and packed program was prepared for internally displaced teenagers and children of military personnel: a tour of the contemporary sculpture park, a history lesson about our land, introduction to golf, and physical rehabilitation sessions with professional rehabilitators.



January in Lviv

Trip to Edem Resort Medical & Spa

The children were engaged and asked many questions, actively participating in all activities and having genuine fun. Such trips, which include deep rehabilitation through golfing techniques, help restore psycho-emotional balance, discover new opportunities, and heal.



Children aged 12-16 from the hottest spots of the country – Mariupol, Bakhmut, Kharkiv, Melitopol, Kherson, Sloviansk, were participated in the event. Kids of the soldiers were also among the participants.



Thank You!



Ways you can help us:



Tell others about us

Share information about our activities so that more people can learn about our project.



Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

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Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)