



# Impact report

## September 2023

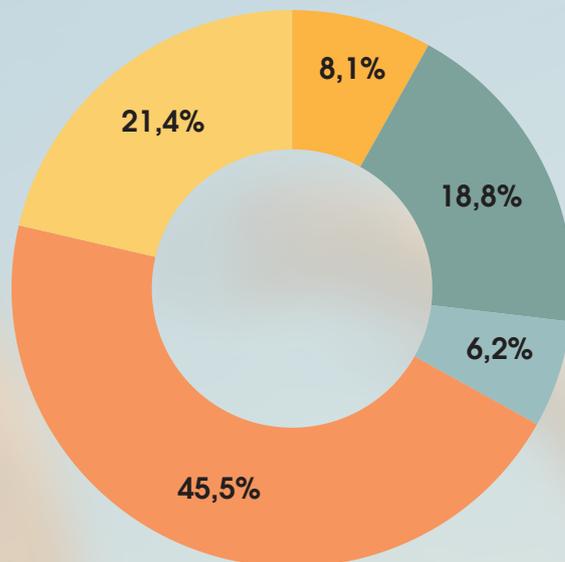
**KIDS OF**  
**UKRAINE**

# Data for the month of September

For the period September 1-30, 2023\*

Total expenses: **4799 \$**

 Rent of premises	<b>388 \$</b>
 Club support	<b>903 \$</b>
 Workshops	<b>298 \$</b>
 Psychological support	<b>2185 \$</b>
 Administrative expenses	<b>1025 \$</b>



**12**

hours of group work  
with a psychologist



**22**

workshops, excursions,  
and walks



**20**

hours of individual work  
with a psychologist



**201**

registrations for sessions  
throughout the month

*\*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy  
and Khmelnytskyi*

# September in Cherkasy

## Communication Skills Workshop

Teenagers underwent a training session to improve their communication skills. Communication is an extremely complex process. Quite often difficulties arise from the lack of certain communication skills, as well as from the lack of self-control. Teenagers learned to work in teams, better understand and listen to each other, and achieve a common goal.



## "Bunker" Game

Children played various board games, one of which was "Bunker." The game enhances self-presentation and self-confidence, which are necessary skills for teenagers. During the game, children realised that competitors can also be partners, thus improving their ability to conduct business negotiations without making it personal.



# September in Khmelnytskyi

## Group Session with a Psychologist

Group sessions with a psychologist are always relevant for teenagers because they are accompanied by active and interesting tasks that help release anxiety and immerse in an atmosphere of trust and relaxation. This time, they worked on fears, searched for ways to overcome them, built their "defense," and accumulated internal resources.



## SviTy kids at a Picnic



Teenagers gathered together on the weekend to enjoy a warm autumn day, recharge, and distract themselves from everyday life. During the meeting, they shared their feelings and emotions and flew a kite. While the children were enthusiastically engaged in their activities, the parents participated in a session with the psychologist, working on important aspects of parenting that may be relevant in their parenting journey.



# Thank You!



## Ways you can help us:



### Tell others about us

Share information about our activities so that more people can learn about our project.



### Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



### Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

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- 🌐 [linkedin.com/company/kids-of-ukraine](https://www.linkedin.com/company/kids-of-ukraine)
- 🌐 [kidsofua.org](https://www.kidsofua.org)
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### Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)