



# Impact report






## February 2024

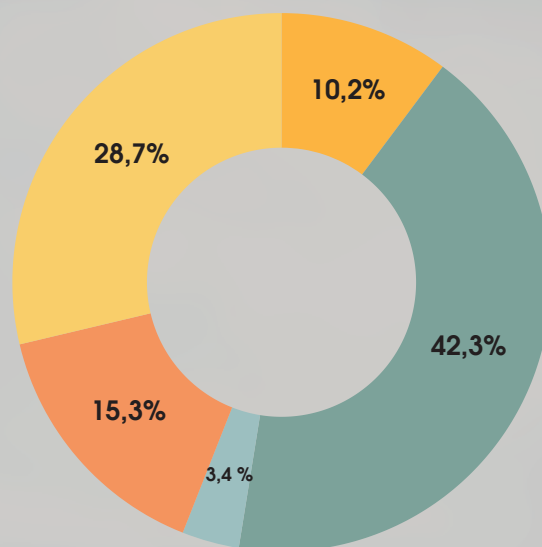
**KIDS OF  
UKRAINE**

# Data for the month of February

For the period February 1-29, 2024\*

Total expenses: **19 137 \$**

 Rent of premises	<b>1956 \$</b>
 Club's operations	<b>8099 \$</b>
 Workshops	<b>658 \$</b>
 Psychological support	<b>2930 \$</b>
 Administrative expenses	<b>5494 \$</b>



**42**

hours of group work  
with a psychologist



**33**

workshops, excursions,  
and walks



**26**

hours of individual work  
with a psychologist



**8**

educational trainings  
and English lessons

*\*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*



# February in Lviv

## Training on "Understanding Conflicts and Conflict Resolution"

If conducting training sessions, they have to be beneficial, enlightening, and in a warm atmosphere. As part of the extracurricular program by the "Svity" project, two days were dedicated to training sessions for teenagers aged 12-16 on the topic of "Understanding Conflicts and Conflict Resolution," with over 40 children participating.



What are conflicts and their types? How can they be resolved while considering one's interests and respecting others? These aspects were explored during the training sessions. The event involved engaging exercises to facilitate better information absorption and learn how to work with each other. Each participant actively engaged in the process, creating a comfortable and cozy atmosphere where children left home from the training satisfied – this thing is very important for us.





# February in Lviv

## Pottery Workshop

Teenagers attended a pottery workshop where they crafted pots for cactus. It was a wonderful opportunity to gain new experiences, unleash creativity, and discover a new hobby that soothes and relaxes. Interestingly, all participants were first-timers at such an event, yet each excelled and sculpted a unique piece of art.



## Training Game on "Associations"

Developing associative thinking is crucial for everyone, especially teenagers. In a playful format during the training, each participant had the chance not only to enhance imagination and associative thinking but also to enjoy a fun time spending. Illustrated cards with images were used during the training, which engaged participants in conversations and laughter.





# February in Cherkasy

## Pottery Workshop

Pottery is a form of art therapy that aids in stress reduction, mood enhancement, and creative skill development. While molding, the brain focuses on the creation process, diverting attention from daily issues, thereby boosting mood and positively impacting psychological well-being. Through this process, participants nurtured imagination and creative abilities, crafting their unique art works.



## Valentine's Day Party

During the Valentine's Day celebration, teenagers exchanged valentines from Cupid's post, created heart garlands, silently sought partners, built figures with closed eyes, and overcame "obstacles." Such activities break down barriers, allow individuals to be themselves, help children open up, and provide a sense of happiness.





# February in Khmelnytskyi

## Valentine's Card Making Workshop

In the Khmelnytskyi Svity Club, teenagers gathered in a cozy setting to handcraft original and vibrant valentine cards for their family and loved ones. The valentines were "painted" with fingers, adding a unique touch to each creation.



## Animated Film Viewing with a Psychologist

The animated film "Orion and the Dark" was watched together with a psychologist, proving to be not only an engaging activity but also beneficial. Post-viewing discussions revolved around fears and phobias, strategies to overcome them, finding strength to help others conquer their fears, and realizing that the fear of darkness isn't as daunting as we all think. Pizza and tea were enjoyed during the process.





# February in Zhytomyr

## Grand opening of "Svity" Space in Zhytomyr

A new "Svity" space kicked off in Zhytomyr! The team conducted initial training sessions and activities for teenagers aged 12-16 who have been affected by war. Important and relevant topics were discussed: "Equality among Differences," "Communicating with Parents," "Caring for the Body," "In the World of Emotions," "Personal Uniqueness," and more. Creating a comfortable atmosphere for children, fostering a sense of safety, and cultivating a positive attitude towards oneself, others, and the world whole world.



## Training on "My Unique Family"

Family is the greatest treasure in life. During the training, children shared their family relationship secrets, discussed respect, understanding, patience, and love, and created cards for their parents. They also talked about uniqueness – each individual is unique, making us special. We may have different backgrounds, histories, and interests, but together, we form a unique puzzle where everyone has a place.





# February in Zhytomyr

## Acting Class

An introduction to acting skills was immensely enjoyed by teenagers! They engaged in articulation exercises, recited tongue twisters with various intonations, played games to develop emotional intelligence, attempted to enact scenes on the theme of "School" and portray emotions, expanded their vocabulary, answered questions in the game "Between Us," and crafted valentines by hand, exchanging them with each other.



## Candle Making Workshop

Wax therapy possesses therapeutic properties that calm the inner state. Children created candles with their unique designs, shedding unwanted emotions in the process and aiming to leave all negativity in the soft texture. The results were impressive!



*only*



# Thank You!



## Ways you can help us:



### Tell others about us

Share information about our activities so that more people can learn about our project.



### Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



### Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

- 📍 [instagram.com/svity.lviv](https://www.instagram.com/svity.lviv)
- 🌐 [linkedin.com/company/kids-of-ukraine](https://www.linkedin.com/company/kids-of-ukraine)
- 🌐 [kidsofua.org](https://www.kidsofua.org)
- 📌 [facebook.com/Kidsofua](https://www.facebook.com/Kidsofua)



### Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)