



Impact report






May 2024

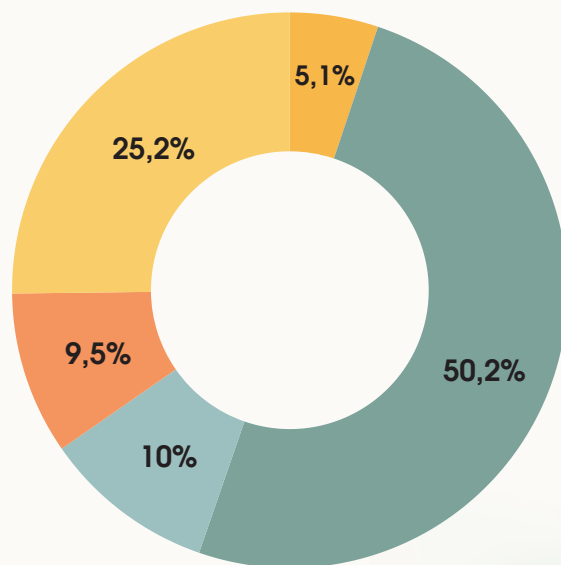
KIDS OF
UKRAINE

Data for the month of May

For the period May 1-31, 2024*

Total expenses: **29 252 \$**

 Rent of premises	1504 \$
 Club's operations	14671 \$
 Workshops	2937 \$
 Psychological support	2771 \$
 Administrative expenses	7369 \$



54

hours of group work
with a psychologist



39

workshops, excursions,
and walks



34

hours of individual work
with a psychologist



23

educational trainings
and English lessons

**Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*

May in Lviv

Mother's Day Workshop

A handmade gift is always particularly valuable as it carries warmth and love within. For Mother's Day, we decided to create not just a gift with the teenagers but a true work of art - a floral composition in a unique hand-painted pot. Each composition turned out unique and distinctive, reflecting the personality and mood of the creator.



Psychologist-led Game Training "In Search of Inner Strength"

During the game, participants discovered many interesting things about themselves through exercises aimed at self-discovery and unlocking internal resources. Children had the opportunity to explore their strengths and weaknesses, gain new insights about themselves, and learn how to interact with the world. The psychologist fostered an atmosphere of trust and support in a cozy setting during the session.



May in Lviv

Training on "Global Sustainable Development Goals"

The Global Sustainable Development Goals are a roadmap for the world to make the planet a better place. During the training, teenagers delved deeper into Goal "12", explored the concept of Zero Waste, sustainable resource management, and eco-friendly living. They also discussed pressing issues related to overconsumption, environmental pollution, and learned how to minimize waste generation in daily life, choose eco-friendly products and services, and become responsible consumers. Each of us has a significant impact on the future, so it is essential to know how to make the world a better place.



Excursion to the Science Museum

We visited the interactive Science Museum with the children, where everything is fascinating! This place is capable of changing the traditional perception of science and makes the process of learning fun. The museum houses around 100 unique exhibits, and interestingly, touching them is not prohibited here; on the contrary, everything is meant to be experienced. Everyone had a great time and left with wonderful memories.



May in Cherkasy

Embroidered Shirt Day

To celebrate Embroidered Shirt Day at the "SviTy" club in Cherkasy, a festive party was organized. It all started with an engaging quiz where participants had the opportunity to enhance their knowledge about creating embroidered shirts, discussing the symbols depicted on them, the significance of patterns, and more. Subsequently, teenagers formed teams and drew ornaments typical of various regions of Ukraine. As a result, everyone received sweet prizes and concluded the celebration with singing Ukrainian songs.



Excursion to "Grainland"

At the beginning of the excursion, the children saw an old mill that served our ancestors and provided them with flour. Everyone could enter inside to see how to operate it correctly. The next location was a real Ukrainian yard, which included a blacksmith shop, a pottery wheel, ancient children's games, and even a real wooden horse that happily carried all willing participants. The teenagers especially enjoyed the stilts; interestingly, they quickly learned how to walk on them. After running around in the fresh air, the children sculpted a lark from dough, enjoyed a tasty lunch, and climbed a hill to admire the views.



May in Khmelnytskyi

Workshop on Making a Motanka Doll "Angel"

During the workshop, children had the opportunity to create a Motanka doll "Angel" from simple materials such as fabric, thread, and ribbons. Throughout this process, participants not only stimulated their imagination but also had the chance to connect with Ukrainian culture and learn the significance of traditional Motanka dolls in folk art. For the attendees, it was an engaging and enlightening experience.



Speaking Club

Children participated in a Speaking Club session where they engaged in lively conversations on various topics in English. They discussed their hobbies, travels, and favorite books, enhancing their speaking and listening skills. After the session, everyone was in great spirits, learned a lot of new things about each other, and showed even more interest in learning the English language. This event not only improved their communication skills but also provided an opportunity to enjoy socializing and spend quality time together.



May in Zhytomyr

Landscape Therapy

In May, at the "SviTy" center, there was an opportunity to experience landscape therapy and learn about its healing properties. Also known as art therapy in nature, it is the practice of using the natural environment to improve physical, mental, and emotional well-being. Not every day offers the chance to spend time in nature, recharge, rejuvenate, and be inspired for new achievements.



Cat Yoga

An unusual form of yoga was introduced at the "SviTy" center, combining pleasure with benefits. Cat Yoga is a stress prevention method that promotes a good mood and pleasant emotions. Now, each of "SviTy" participant knows that in response to stress, one should react like an ordinary cat - stretch, elongate, self-massage, and, of course, purr to ensure no muscle tension remains and to maintain steady and calm breathing.



Thank You!



Ways you can help us:



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Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



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