



Impact report

March 2023

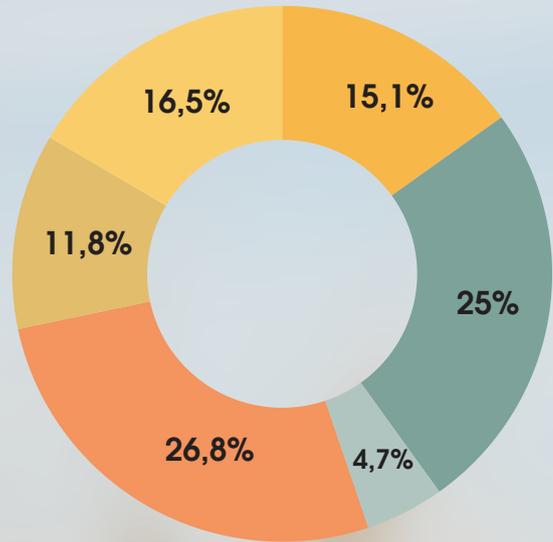
**KIDS OF
UKRAINE**

Data for the month of March

For the period March 1-31, 2023*

Total expenses: **6220 \$**

 Rent of premises	938 \$
 Club support	1557 \$
 Workshops	294 \$
 Psychological support	1670 \$
 Administrative expenses	1027 \$
 Day camps	734 \$



20

hours of group work
with a psychologist



18

workshops, excursions,
and walks



5

hours of individual work
with a psychologist



263

registrations for sessions
throughout the month



1

support group for parents of children who participate
in the "Svity" project

**Data on the activities of the "SviTy" clubs in Lviv and Cherkasy*

March in Lviv

"Self-Worth and Self-Esteem"

At the beginning of March, we held a circle of communication on the topic of "Self-Worth and Self-Esteem." We discussed the formation of positive self-esteem and its importance for the comfortable and happy future of every teenager. We also talked about the influence of self-esteem on a person's behavior.



During the sessions, teenagers performed interesting tasks that helped them better understand themselves and others. Thanks to the cards, children found it easier to absorb information.

"Empathy"

Is it important to develop empathy? What is it and why? We discussed this on a circle of communication on the topic of "Empathy," and also learned how to help others without crossing personal boundaries. After the theoretical part, we reinforced the knowledge with interesting and active tasks.



March in Lviv

Game-workshop on "Communication"

At Svity, we had a session on "Communication." Children were offered a game format and given interesting tasks that helped improve communication with others, as well as taught them to listen to the interlocutor and be heard. Teenagers tried themselves in different roles – as narrators, observers, and listeners; they supported each other, and after the tasks, they shared their emotions. Such a topic is extremely important for each of us because, despite the abundance of communication tools in our time, not everyone knows how to speak and listen. These skills significantly facilitate teenagers' lives.



Parent Support Group



Also in March, a parent support group for participants of the "Svity" program took place. We discussed how to communicate with your child, build truly healthy and happy relationships, and become a support for them.



March in Cherkasy

Launch of the "Svity" branch in Cherkasy

The first session of the five-day camp at the youth club "Svity" in Cherkasy has started. It was an eventful week for teenagers who took part in the camp: every day, they had useful and interesting activities awaiting them, which helped them relax and remove mental blocks.



Every day, children practiced spoken English with a native speaker through games and even magic spells, met very interesting and kind people, solved escape room puzzles, decorated gingerbread cookies for their mothers, made Ukrainian rag dolls, and painted eco-bags as a souvenir from the camp. Also, every day, delicious lunches and tea with snacks awaited the children. In the morning, teenagers hurried to the meeting, and in the evening, they didn't want to leave.



Thank You!



Ways you can help us:



Tell others about us

Share information about our activities so that more people can learn about our project.



Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



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Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)