

**KIDS OF
UKRAINE**



Kids of Ukraine, Impact Report

2024

Content

About us	2
CEO's Address	4
Team Feedback	5
Advisory Board	7
Impact Report, 2024	8
January.....	8
February.....	10
March.....	13
April.....	16
May.....	19
June.....	22
July.....	25
August.....	28
September.....	31
October.....	34
November.....	37
December.....	40
Feedback from Program Participants	43



Kids of Ukraine provides vital assistance to families affected by the war, with a primary focus on the "SviTy" program for teenagers. This initiative aims to offer comprehensive support, facilitate psychological recovery, and organize extracurricular activities. Special attention is given to children from internally displaced families, military personnel, and other socially vulnerable groups. However, the program also extends its support to other children who have experienced the adverse effects of war, such as the loss of loved ones, air raid alerts, the relocation of friends, and the transition to online learning.

The "SviTy" Program

We operate in three formats: ongoing clubs for teenagers, day camps in various cities, and restorative camps in the Carpathians.

City Clubs

The teenage clubs, located in the safest regions of Ukraine, provide children with opportunities not only to socialize with peers but also to participate in a variety of activities. These include educational training sessions focused on emotional intelligence development, creative workshops, financial literacy, acting skills, and much more.

Program Overview

The program encompasses a diverse array of activities, including training sessions for teenagers on topics that resonate with them, such as "Who Am I?", "Levels Among Differences," and "In the World of Emotions." It also offers individual consultations and group work with psychologists to help address personal issues and cope with stress caused by the war. Additionally, art therapy sessions – featuring drawing, clay therapy, neurography, and pottery – are conducted to facilitate emotional expression.

Multilevel Approach

The program employs a multilevel approach to recovery. Initially, small group meetings are held to create a safe atmosphere. This is followed by training sessions for both teenagers and their parents. Subsequently, children have the opportunity to develop within the "SviTy" club, where activities focused on recovery and skill development take place. The third stage involves joint events that engage local teenagers, fostering socialization, experience sharing, and the establishment of trusting relationships.



Restorative Camps in the Carpathians

The summer camp program is designed in collaboration with psychologists and includes three core components: psychological support, recreational activities, and maximum contact with nature. Children require restoration in a comfortable and safe environment, along with interaction with peers. The camp in the Carpathians provides an opportunity to experience true childhood and create lasting memories. This is crucial for the restoration of their childhood.



Methodology

Our methodology encompasses:

1. The application of crisis psychological support techniques and trauma pedagogy, as developed by Minka and Martin Straube.
2. A restorative approach and restorative practices, based on the recommendations of Belinda Hopkins (United Kingdom).
3. Nonviolent Communication (NVC), a methodology created by American psychologist Dr. Marshall Rosenberg.

Artem Mazur, CEO, founder Kids of Ukraine



Dear friends, colleagues, and partners,

We are pleased to share the results of our work over the first nine months of 2024. This report reflects **our collective journey** in supporting children affected by war. Your contributions are vital in effecting change in the lives of the young heroes of Ukraine.

War takes not only lives and homes but also childhood – the most precious aspect of every individual’s life. It leaves deep scars in the heart, especially for children who have endured horrific events, lost loved ones, or been forced to leave their homes. They require special attention.

At Kids of Ukraine, we have one goal: to help children **return to a normal life**. This includes psychological support, adaptation to new circumstances, and the restoration of faith in the future, allowing them to once again experience the joy of childhood. Our team of professionals, including psychologists, trainers, and other specialists, works both individually and in groups, creating a safe environment for emotional expression, support, and development.

The methodology of the "SviTy" program facilitates recovery from trauma, helping children build the happy future they deserve. Our foundation embodies support, understanding, and love for every child during this challenging time. **With your assistance, we provide children with hope, and together we are making this world a better place for future generations.**

Team Feedback

We asked some members of our team **why they joined the Kids of Ukraine Foundation and what the "SviTy" program means to them.** Their responses vividly reflect the depth of their commitment and desire to support children affected by war.

For the team, the "SviTy" program has become more than just a job; it is an opportunity to be part of a significant mission – restoring the mental and emotional health of children and rekindling their faith in themselves and hope for the future.



Iryna Mazur, Project Manager

I joined "SviTy" because I felt I had the resources to support those seeking help. As someone who has experienced forced displacement, I deeply understand the uncertainty and fear that children may feel. For me, "SviTy" is a space for recovery, positive change, and hope. We strive to instill in children a belief in themselves and the understanding that even in the darkest moments, a path to light can be found.



Svitlana Krot, Psychologist, Methodologist

I became part of the "SviTy" project because I believe it is essential for every teenager to feel that they are not alone, that there are people nearby who genuinely support and are ready to help. For me, this project is an opportunity to create a space where trust, warmth, and safety prevail. A place where everyone can express their thoughts, unlock their potential, and believe in themselves.



Dina Proskura, Head of the Club in Cherkasy

After evacuating from Kharkiv, I helped other families adapt to their new environment and noticed that teenagers remained the most isolated group. This motivated me to join the establishment of a branch in Cherkasy. For me, "SviTy" embodies my personal skills, providing an opportunity to grow alongside the project and feel like part of a large family.

Team Feedback



Alyona Bilous, CBDO

Engaging in children's charity is the path I have chosen to change the world for the better and support those who need it most. For me, "SviTy" represents the power of our actions: they can restore a child's faith in goodness, open new opportunities, and serve as a catalyst for a bright future.



Anastasiia Belitska, Head of Design

In the early months of 2022, I worked with Ukrainian refugees in Warsaw. This experience opened my eyes to the scale of the challenges children face during wartime, and I decided to return to help right here. For me, "SviTy" is a place where teenagers find friends, learn to trust, unlock their potential, and gradually build faith in the future.



Advisory Board



Antonina Kurets

"The war destroys the carefree nature, joy, and happiness in the minds of children – these are what the Kids of Ukraine Foundation seeks to restore. Here, incredible individuals create opportunities for teenagers to develop their talents, overcome challenges, smile, and embrace life. At this moment, there is no more inspiring role for me than to be here!"



Valentyna Grechka

"The war in Ukraine has shattered the familiar lives of children; some have left their homes, lost loved ones, friends, or even parents. "Kids of Ukraine" provides a chance for children to preserve and regain their emotional and psychological stability, restoring their sense of safety and allowing them to feel that the world is still filled with opportunities and care."



Oleksandr Torhun

"Restoring the mental health of teenagers affected by war is a crucial focus for building the future of Ukraine. Continuing medical and managerial background on the board of the Kids of Ukraine Foundation will help us achieve our vision of adapting and restoring the mental health of teenagers to build a better and stronger country."



Olena Sotnyk

"I am with Kids for Ukraine because I know how vital it is to give children spaces to heal and be kids again. My dedication to supporting families and children affected by the war drives me to use my expertise to make a difference. Projects like "SviTy" create safe spaces where kids can heal, rediscover joy, and see hope for the future."



Katerina Kravchenko

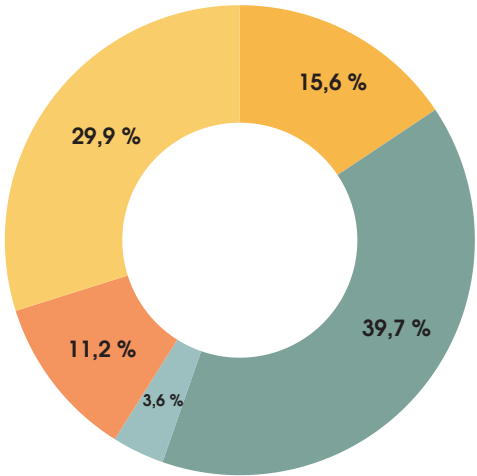
"As a Ukrainian abroad, I feel a deep responsibility to help those affected by the war, especially children whose lives have been changed. "Kids of Ukraine" supports young Ukrainians facing challenges as they will one day rebuild our nation. While their parents fight to survive, we must ensure these children have the support to heal and thrive."




Impact report, January 2024


Data for the month of January*

Total expenses:	16 176 \$
● Rent of premises	2529 \$
● Club's operations	6422 \$
● Workshops	582 \$
● Psychological support	1813 \$
● Administrative expenses	4830 \$



 **12** hours of group sessions with a psychologist

 **13** workshops, excursions, and walks

 **20** hours of individ. sessions with a psychologist

 **5** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

January in Lviv

Musical Event "Family Jam"

The SviTy participants took part in the family event "Family Jam", where they had the opportunity to explore a new role and master musical instruments. It's not just a chance to have fun and bond with family and friends but also a way to escape from everyday life, discover new talents, reduce stress level, and enhance emotional intelligence.

Unveiling of "Svity" Space in Zhytomyr

The team from Lviv graced the grand opening of the "SviTy" Center in Zhytomyr. Here, professional experts will assist children in overcoming the repercussions of psychological trauma through effective modern methods. We are thrilled for the children and wish the team success!



January in Khmelnytskyi

Ice Skating

Winter is a time for fun, and teenagers need activities that uplift spirits and allow them to spend time with peers. The Svityvtsi from the club in Khmelnytskyi enjoyed ice skating – some gliding confidently, while for others, it was a successful first experience. This event was significant, engaging, and emotional for the children.

Trip to the theatre

Children, together with parents, attended the play "The Snow Queen". After the show, everyone was filled with positive emotions as the theater is one of the most effective ways for the harmonious development of each child.








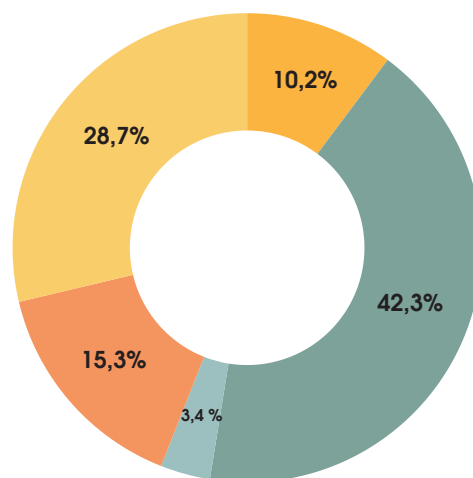


Impact report, February 2024

Data for the month of February

Total expenses: **19 137 \$**

	Rent of premises	1956 \$
	Club's operations	8099 \$
	Workshops	658 \$
	Psychological support	2930 \$
	Administrative expenses	5494 \$



42 hours of group sessions with a psychologist



33 workshops, excursions, and walks



26 hours of individ. sessions with a psychologist



8 educational trainings and English lessons

**Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*

February in Lviv

Training on "Understanding Conflicts and Conflict Resolution"

What are conflicts and their types? How can they be resolved while considering one's interests and respecting others? These aspects were explored during the training sessions with over 40 children participating. The event involved engaging exercises to facilitate better information absorption and learn how to work with each other.

Training Game on "Associations"

Developing associative thinking is crucial for everyone, especially teenagers. In a playful format during the training, each participant had the chance not only to enhance imagination and associative thinking but also to enjoy a fun time spending.



February in Cherkasy

Pottery Workshop

Pottery is a form of art therapy that aids in stress reduction, mood enhancement, and creative skill development. While molding, the brain focuses on the creation process, diverting attention from daily issues, thereby boosting mood and positively impacting psychological well-being. Participants crafted their unique art works.

Valentine's Day Party

During the Valentine's Day celebration, teenagers exchanged valentines from Cupid's post, created heart garlands, silently sought partners, built figures with closed eyes, and overcame "obstacles." Such activities break down barriers, allow individuals to be themselves, help children open up, and provide a sense of happiness.



February in Khmelnytskyi

Valentine's Card Making Workshop

In the Khmelnytskyi Svity Club, teenagers gathered in a cozy setting to handcraft original and vibrant valentine cards for their family and loved ones. The valentines were "painted" with fingers, adding a unique touch to each creation.

Animated Film Viewing with a Psychologist

The animated film "Orion and the Dark" was watched together with a psychologist. Post-viewing discussions revolved around fears and phobias, strategies to overcome them, finding strength to help others conquer their fears, and realizing that the fear of darkness isn't as daunting as we all think. Pizza and tea were enjoyed during the process.



February in Zhytomyr

Grand opening of "Svity" Space in Zhytomyr

The team conducted initial training sessions and activities for teenagers aged 12-16 who have been affected by war. Important and relevant topics were discussed: "Equality among Differences," "Communicating with Parents," "Caring for the Body," "In the World of Emotions," "Personal Uniqueness," and more.

Training on "My Unique Family"






During the training, children shared their family relationship secrets, discussed respect, understanding, patience, and love, and created cards for their parents. They also talked about uniqueness – each individual is unique, making us special. We may have different backgrounds, histories, and interests, but together, we form a unique puzzle.

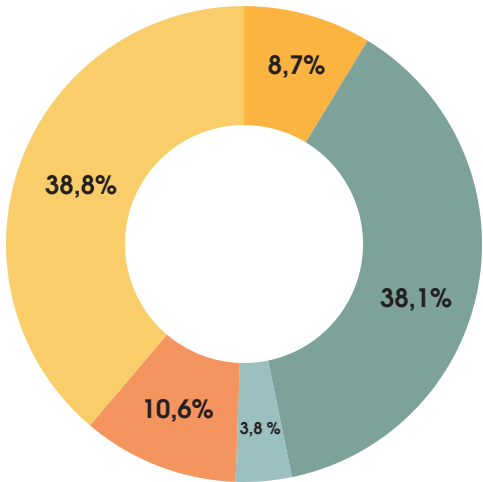





Impact report, March 2024


Data for the month of March*

Total expenses:	25 605 \$
 Rent of premises	2224 \$
 Club's operations	9752 \$
 Workshops	972 \$
 Psychological support	2726 \$
 Administrative expenses	9931 \$



 **26** hours of group sessions with a psychologist

 **24** workshops, excursions, and walks

 **25** hours of individ. sessions with a psychologist

 **8** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

March in Lviv

Motanka Doll-Making Workshop

A doll-motanka is more than a toy – it's a traditional Ukrainian talisman, passed down through generations to protect and bring energy to the family. Preserving ancient Ukrainian traditions and teaching others about them is crucial, making such workshops highly valuable.

Games of the World Nations

An engaging activity titled "Games of the World Nations" was organized for teenagers. Bright and unique team mini-games like "Cornhole," "Elastic," "Quad-Elastic," and more were played. It was a wonderful opportunity to have fun together in a nice company.



March in Cherkasy

Animation Workshop

Who hasn't dreamed of bringing childhood fantasies to life? While the imaginary world can't be fully recreated, an animation workshop offers a glimpse of it. Children developed a script, shaped clay characters, and filmed a cartoon. The magic happened when the characters came alive on screen!

Park Quest

Participants of "SviTy" embarked on a park quest, splitting into teams to complete tasks, improve communication, and meet new people. They took creative photos, deciphered clues to find the next location, and hunted for treasures using a compass and secret marks. It was an unforgettable day!



March in Khmelnytskyi

Color Relay

The creative event "Color Relay" was fun and engaging. Each participant began their painting, but after 5 minutes of work, passed it around the table to their neighbor, receiving a different painting from the opposite side of the table to continue working on "others" artworks. Thus, each painting was created by everyone present in turn.

Entertainment Center Visit

Finally, a visit to an entertainment center was made, where children started with a game of "tag" at the entrance. Children enjoyed trampolines, ropes, and slides into colorful ball pits. They were extremely happy to spend time together.



March in Zhytomyr

Training on "Me and My Abilities"

In Zhytomyr, a creative training session on "Me and My Abilities" was conducted for teenagers. The training provided participants with an understanding that each of us is talented and unique, emphasizing the importance of expressing willingness, revealing uniqueness, and not fearing self-expression.

Art Therapy "Emotions"

Therapeutic session titled "Emotions" was conducted, where teenagers unleashed emotions using paint. This activity helped teenagers feel the interaction between emotions and creativity, learn ways to manage their feelings, and explore emotional control methods.








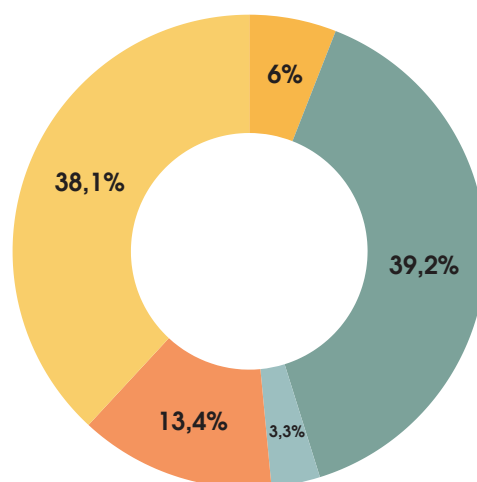


Impact report, April 2024

Data for the month of April*

Total expenses: **23 314 \$**

 Rent of premises	1388 \$
 Club's operations	9143 \$
 Workshops	776 \$
 Psychological support	3121 \$
 Administrative expenses	8886 \$



56 hours of group sessions with a psychologist



26 workshops, excursions, and walks



32 hours of individ. sessions with a psychologist



28 educational trainings and English lessons

**Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*

April in Lviv

Journey to the Superhumans Rehabilitation Center

Teenagers visited the modern Rehabilitation and Prosthetics Center for the third time. During the visit, participants were guided through a tour and briefed on the intricate stages of rehabilitation. Fostering tolerance among adolescents and promoting seamless interaction with SuperHumans is a crucial contemporary endeavor.

Workshops on Crafting Bracelets and Guardian Angels

The "SviTy" participants took part in creative workshops, handcrafting gifts for military personnel undergoing rehabilitation at the Superhumans Center – bracelets and guardian angels.



April in Cherkasy

Mandala Creation

Choosing colors was the initial step, as each color symbolized something: blue for the sky, orange for the earth's core, and so forth. Each individual imbued their chosen color with specific meaning, initiating a magical journey as mandalas also serve as talismans. Ornamental patterns emerged step by step, children creating a unique masterpiece.

Easter Decor Crafting Workshop

At the workshop, handmade decor was meticulously crafted, intertwining branches to form wreaths further adorned with embellishments. Weaving with willow and securing with herbs, our ancestors' traditional practices were revived, fostering a sense of generational connection and Ukrainian heritage.



April in Khmelnytskyi

Pysanka Painting Workshop

Pysanka artistry is an ancient Ukrainian tradition, traditionally commencing several weeks before Easter. Each design and color is rich in symbolism, embodying true magic. The simplest instructional techniques for mastering pysanka art – "drypachky" and "krapanky" – were initiated with teenagers, and they excelled splendidly!

Easter Wreath Crafting Workshop

"SviTy" participants crafted wreaths, reviving Ukrainian traditions through art. The workshop sparked discussions on how this creative endeavor connects people to their culture and history.



April in Zhytomyr

Straw Weaving Workshop

Straw weaving is one of the oldest folk crafts in Ukrainian culture. Children had the chance to try weaving angels from straw, turning their ideas into beautiful creations. These angels will bring joy and protection to the families of our wards.

Training Game "Unbreakable Figures of Zhytomyr"






During the training game, teenagers discovered fascinating insights about Ukraine, acquainting themselves with remarkable facts about prominent figures involved in shaping Ukrainian history. They also visited Baron de Shoduar Park, where, with smartphones, they explored a 3D model of the baron's residence, learned intriguing stories about the S. Richter Regional Philharmonic, a hub of true artistry, and much more.

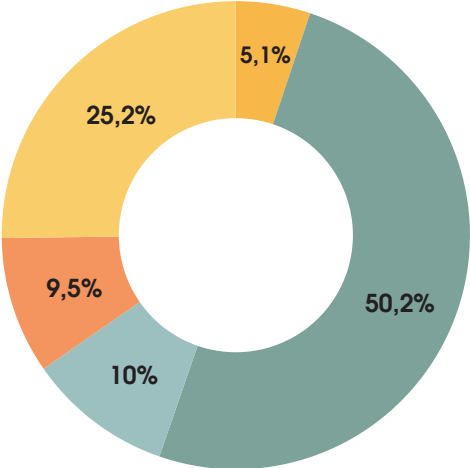





Impact report, May 2024


Data for the month of May*

Total expenses:	29 252 \$
 Rent of premises	1504 \$
 Club's operations	14671 \$
 Workshops	2937 \$
 Psychological support	2771 \$
 Administrative expenses	7369 \$



 **54** hours of group sessions with a psychologist

 **39** workshops, excursions, and walks

 **34** hours of individ. sessions with a psychologist

 **23** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

May in Lviv

Mother's Day Workshop

For Mother's Day, we decided to create not just a gift with the teenagers but a true work of art - a floral composition in a unique hand-painted pot. Each composition turned out unique and distinctive, reflecting the personality and mood of the creator.

Training on "Global Sustainable Development Goals"

During the training, teenagers delved deeper into Goal "12", explored the concept of Zero Waste, sustainable resource management, and eco-friendly living. They also discussed pressing issues related to overconsumption, environmental pollution, and learned how to minimize waste generation in daily life.



May in Cherkasy

Embroidered Shirt Day

To celebrate Embroidered Shirt Day at the "SviTy" club in Cherkasy, a festive party was organized. It all started with an engaging quiz, then teenagers formed teams and drew ornaments typical of various regions of Ukraine. As a result, everyone received sweet prizes and concluded the celebration with singing Ukrainian songs.

Excursion to "Grainland"

At the beginning of the excursion, the children saw an old mill that served our ancestors and provided them with flour. The next location was a real Ukrainian yard, which included a blacksmith shop, a pottery wheel, ancient children's games, and even a real wooden horse that happily carried all willing participants.



May in Khmelnytskyi

Workshop on Making a Motanka Doll "Angel"

During the workshop, children had the opportunity to create a Motanka doll "Angel" from simple materials such as fabric, thread, and ribbons. Throughout this process, participants not only stimulated their imagination but also had the chance to connect with Ukrainian culture and learn the significance of traditional Motanka dolls in folk art.

Speaking Club

Children participated in a Speaking Club session where they discussed their hobbies, travels, and favorite books to enhance their speaking skills. This event improved their communication abilities and provided an opportunity for quality time together.



May in Zhytomyr

Landscape Therapy

There was an opportunity to experience landscape therapy and learn about its healing properties. It is the practice of using the natural environment to improve physical, mental, and emotional well-being. Not every day offers the chance to spend time in nature, recharge, rejuvenate, and be inspired for new achievements.

Cat Yoga

Cat Yoga is a stress prevention method that promotes a good mood and pleasant emotions. Now, each of "SviTy" participant knows that in response to stress, one should react like an ordinary cat - stretch, elongate, self-massage, and, of course, purr to ensure no muscle tension remains and to maintain steady and calm breathing.









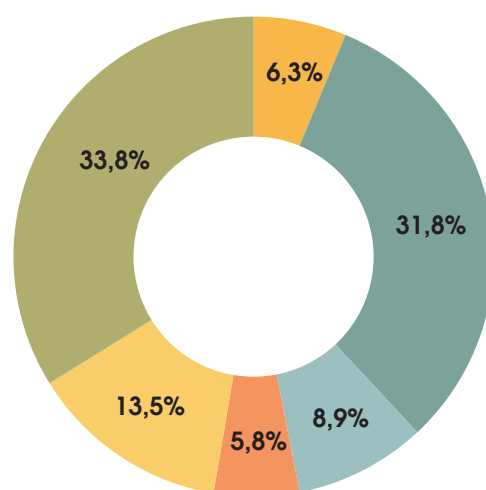


Impact report, June 2024

Data for the month of June*

Total expenses: **37 488 \$**

	Rent of premises	2346 \$
	Club's operations	11 919 \$
	Workshops	3325 \$
	Psychological support	5057 \$
	Administrative expenses	7369 \$
	Summer camps	12 685 \$



82 hours of group sessions with a psychologist



50 workshops, excursions, and walks



3 hours of individ. sessions with a psychologist



12 educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

June in Lviv

The familial occasion "Children's Protection Day in Svity"

A delightful day was spent in the company of families, children, friends, and partners. The day was filled with heartfelt conversations and laughter, joyful activities, delectable treats, and, of course, creative masterclasses: denim painting, candle making, and crafting bouquets from wildflowers.

The dramatized excursion "A visit to Franko's family"

Adolescents had the opportunity to delve deeper into the renowned writer Ivan Franko. They embarked on a dramatized tour and listened to stories "from the horse's mouth" – from Ivan Franko and his wife Olha, immersing themselves in the past century and hearing tales of family life.



June in Cherkasy

The excursion to Uman

In June, teenagers embarked on a magical journey to the picturesque Sofiyivsky Park in the city of Uman, which has been welcoming guests with its beauty and grandeur for 229 years. The park offers a myriad of activities: strolling, boating on the underground river, immersing in history, nature and fun with friends. We spent a splendid day together!

The rescue quest

Children tackled tasks like handling chemical hazards, climbing ladders, practicing first aid, and mine clearance using special suits and metal detectors. The event ended with a relay race featuring a real fire hydrant, and everyone performed brilliantly.



June in Khmelnytskiy

The camp "Svity" in the Carpathians, 1st shift

Children from the branch in Khmelnytskiy set off on an exciting journey to the Carpathians, where they participated in an active program at the rejuvenating camp "Svity,". Program includes trainings with psychologists and team leaders, mountain hikes and rafting with guides and various activities.

The art therapy session with the psychologist

An enthralling art therapy session unfolded, unveiling new horizons for participants on their journey towards realizing their dreams. Adolescents explored their potential and endeavored to unleash their creative forces.



June in Zhytomyr

The quest game "In Search of the Longwing"

During the quest, kids honed their soft skills, learned the basics of social cohesion, critical thinking, and information resilience. They gained new friends, valuable connections, a fun team atmosphere, unforgettable impressions from participating in the quest game, and received memorable souvenirs as keepsakes.

The visit to the rescuers







Adolescents attended a training session with professional firefighters, learning about the risks, irregular schedules, and the calling of the profession. They also gained an intriguing experience in the role of rescuers, trying on gear, sitting in a fire truck driver's seat, and learning life-saving skills.

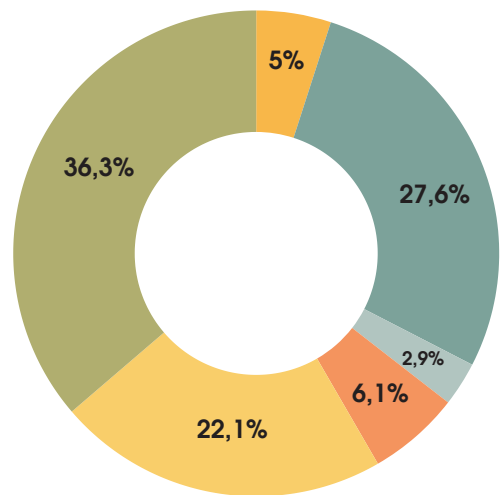






Impact report, July 2024


Data for the month of July*

Total expenses:	32 621 \$
 Rent of premises	1622 \$
 Club's operations	9003 \$
 Workshops	959 \$
 Psychological support	2003 \$
 Administrative expenses	7198 \$
 Summer camps	11 836 \$



 **20** hours of group sessions with a psychologist

 **49** workshops, excursions, and walks

 **17** hours of individ. sessions with a psychologist

 **11** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

July In Lviv

Training "Conversations That Make Us Stronger"

Teenagers participated in an engaging training session focused on the significance of dialogues with oneself. Does our inner "self" support us, empower us to grow stronger, and teach us how to navigate challenging situations? How can we become friends and sources of inspiration for ourselves and those around us?

Intellectual Art Center "Mercury"

Children visited the modern Intellectual Art Center "Mercury," which showcases paintings, sculptures, and installations predominantly by Ukrainian artists, each imbued with profound meaning and prompting significant reflections.



July in Cherkasy

Camp "SviTy" in the Carpathians, Shift 2

Teenagers embarked on a rejuvenating journey to the "SviTy" camp nestled in the Carpathians. Immersed in nature, they felt supported by those around them and built trust with the team and guides. The camp included hiking, a thrilling 9-kilometer descent down a mountain river, and teamwork with psychologists and leaders.

Excursion to Lehedzyne

The participants from the "SviTy" Cherkasy branch embarked on a journey, not only traversing the landscape but also traveling back in time, landing five thousand years ago in the enigmatic Trypillian culture. They learned about the traditions, customs, and distinctive features of this ancient civilization.



July in Khmelnytskyi

Body-Oriented Therapy

We conducted an engaging and beneficial session with a psychologist focused on body-oriented therapy for children. Through simple exercises like stretching, deep breathing, and visualization, they learned to ease tension, focus on sensations, and find inner harmony.

Session with a Psychologist: "Blotography"

Many teenagers expressed that they were able to convey their feelings through blotography, finding a sense of relief in the process. The participants crafted vibrant, diverse, and unique artworks.



July in Zhytomyr

Training on Sexology: "Your Body – Your Rules"

Discussing sexuality can be challenging but is vital for adolescents' healthy development. Education helps them understand their bodies, build self-respect, and stay safe. Participants explored maturation, sexual orientation, relationships, health, contraception, consent, boundaries, and recognizing danger signals.

Excursion to the Ostrich Farm







The teenagers visited an ostrich farm, observing and feeding the birds while learning about their behavior and unique traits. This uplifting experience sparked joy, curiosity, and a sense of responsibility toward animals, teaching respect and care for living beings.

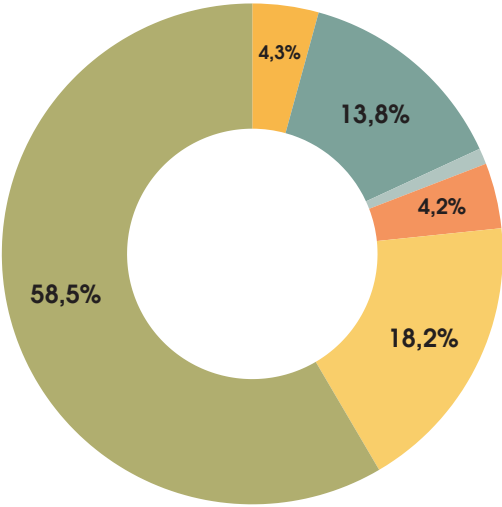





Impact report, August 2024


Data for the month of August*


Total expenses:	44 958 \$
 Rent of premises	1921 \$
 Club's operations	6220 \$
 Workshops	464 \$
 Psychological support	1899 \$
 Administrative expenses	8175 \$
 Summer camps	26 279 \$



 **19** hours of group sessions with a psychologist

 **37** workshops, excursions, and walks

 **17** hours of individ. sessions with a psychologist

 **22** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

August in Lviv

Camp "SviTy" in the Carpathians, Shift 3

Genuine emotions, teamwork, and true adventures define the "SviTy" camp in the Carpathians. In August, we hosted the third summer shift for teenagers affected by the war. With a program led by psychologists and guides, participants gained new skills, faced fears, and recharged in a serene setting. Each day brought fresh challenges: mountain hikes, rafting, team tasks, and more.

For many, it was their first camp and encounter with the Carpathians. They returned with new friendships, unforgettable memories, and readiness for new achievements. This is truly invaluable!



August in Cherkasy

Party by the Dnipro and Creation of an Art Object

The children had the opportunity to appreciate its grandeur through paddling in a fantastic dragon-shaped boat under the guidance of a coach from the Youth Sports School. The participants conquered the Cherkasy lagoon, rowing rhythmically and joyfully, all while engaging in physical development.

Exploring Cherkasy and Equine Therapy

A group of 27 "SviTy" participants explored Cherkasy's treasures, visiting the 2-million-year-old Buky Quarry with its cliffs and waterfalls. At Zhashkiv Horse Breeding Farm, they bonded with elite racehorses, enjoying equine therapy and making a new friend, Bucephalus.



August in Khmelnytskyi

Active Games in the Park

In August, our teenagers enjoyed vibrant days in the park, filled with engaging activities and warm connections. Active games brought waves of positive emotions, strengthening bonds among participants. The park became a space for fun, friendship, skill-building, and the pure joy of shared moments.

Creative Workshop: "Creating and Filling Your Own Box"

The "SviTy" participants embraced creativity in a workshop, painting boxes with vibrant colors and patterns. Each box became a personal reflection of its creator's inner world. This artistic process allowed for self-expression and turned into an exciting adventure.



August in Zhytomyr

Camp "SviTy" in the Carpathians, Shift 4

This summer, teenagers from the "SviTy" program in Zhytomyr attended their first restorative camp in the Carpathians. They enjoyed rafting, mountain hikes, creative workshops, and psychological training. Children returned home with unforgettable memories and new, valuable experiences.

Training: "Gender-Based Violence"

Gender-based violence is violence against individuals due to their sex or gender identity, affecting primarily women and girls, but also men and others. It's crucial to address this issue, support victims, and raise awareness about available help and protection.

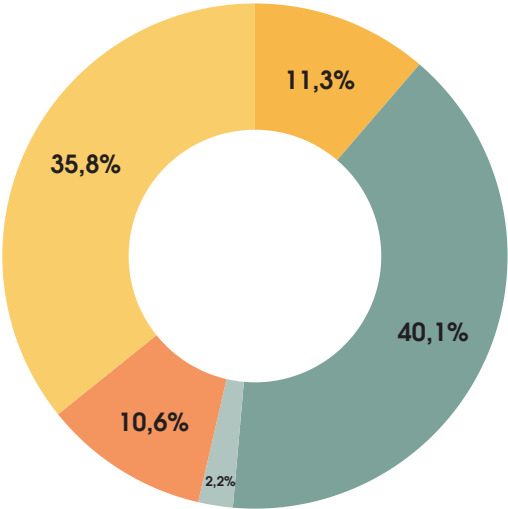





Impact report, September 2024


Data for the month of September*

Total expenses:	18 142 \$
● Rent of premises	2048 \$
● Club's operations	7276 \$
● Workshops	402 \$
● Psychological support	1926 \$
● Administrative expenses	6490 \$



 **17** hours of group sessions with a psychologist

 **34** workshops, excursions, and walks

 **25** hours of individ. sessions with a psychologist

 **37** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

September in Lviv

Excursion to a "Big Four" Company

We visited PwC, one of the "Big Four" companies, with "SviTy" program participants and "Iron Squad" children. The tour of the modern workspace was followed by a training session on "Emotional Intelligence for Teenagers" led by Antonina Kurets, a member of the Kids of Ukraine supervisory board.

Masterclass on Painting Plaster Pumpkins

we hosted a lively workshop for teenagers, where they painted plaster pumpkins. After painting the bases with acrylics, they let their creativity flow, creating unique autumn decorations that also serve as charming storage for small trinkets.



September in Cherkasy

Training for Teenagers: "You Can"

A "You Can" training session was held to empower children to recognize their ability to positively impact their city, making it more modern and comfortable. The session focused on fostering social responsibility, leadership, and encouraging participants to create their own initiatives.projects.

Workshop: "Brooch in National Colors"

Participants in the workshop had a wonderful opportunity to unleash their creativity and craft truly unique items that they could use daily. To foster a comfortable atmosphere and inspire creativity, the group enjoyed fragrant tea and hot toasts before diving into the artistic process.



September in Khmelnytskiy

Training with a Psychologist: "I Am Who I Am"

Children participated in the training session "I Am Who I Am" training, exploring shared traits, self-awareness, and trust. Activities included asking questions, comparing themselves to objects, and passing a water-filled bowl with eyes closed to foster care and connection.

Workshop: "Painting Tote Bags"

The children immersed themselves in the world of creativity during a masterclass on painting tote bags! Together, they crafted unique, stylish eco-bags that reflected each participant's individuality. The attendees had the opportunity to test their artistic skills.



September in Zhytomyr

Art Therapy: "Autumn Tree"

Autumn's vibrant colors inspired the children at the "SviTy" club in Zhytomyr to brighten their inner world through an art therapy session. Using the dot art technique, they created the "Tree of Strength," a powerful metaphor. This activity helped the teenagers relieve stress and enjoy the creative process.

Origami: "Dove of Peace"

Origami is more than paper folding – it's a skill-building activity for children. It enhances fine motor skills, logical thinking, and imagination as they follow instructions and visualize outcomes. Origami sparks creativity, especially when kids design their own models, making it a fun and enriching way to develop important abilities.

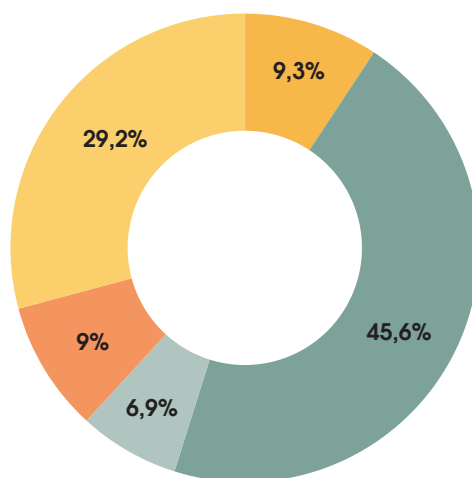






Impact report, October 2024


Data for the month of October*

Total expenses:	21 349 \$
● Rent of premises	1984 \$
● Club's operations	9727 \$
● Workshops	1482 \$
● Psychological support	1926 \$
● Administrative expenses	6230 \$



 **39** hours of group sessions with a psychologist

 **24** workshops, excursions, and walks

 **16** hours of individ. sessions with a psychologist

 **46** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

October in Lviv

Meeting with Psychologists: Art Therapy and Psychological Games

In the fall, regular group meetings with psychologists began for a new group of teenagers. Through psychological games and art therapy, participants explored their emotions, practiced communication, and developed teamwork skills. These meetings provided emotional support and tools for self-discovery.

Workshop on Creating Textile Pumpkins

Participants joined a creative workshop where they handcrafted textile pumpkins using simple materials and their own ideas. The activity encouraged imagination, creativity, and appreciation for handmade work. It also helped teenagers slow down, enjoy the process, and find inspiration in simple, cozy moments.



October in Cherkasy

Quest “Mission Together”

During the quest, participants demonstrated leadership, teamwork, and problem-solving skills in a dynamic and playful format. Tasks required creativity, cooperation, and quick decision-making under time pressure. The activity strengthened team spirit, mutual support, and created a positive, engaging atmosphere.

Trip to Mezhyhirya

In October, teenagers visited Mezhyhirya National Park, where they explored nature, learned about trees and local history, and spent time together outdoors. The trip fostered shared values, friendship, and appreciation for Ukraine’s natural heritage.



October in Khmelnytskiy

Training Program “Leader and His Team”

The training program began with icebreaker activities and team-building exercises led by club psychologists. Teenagers explored leadership qualities, self-presentation, communication, and active listening. The sessions supported confidence, cooperation, and personal growth within the group.

Painting Workshop

A painting workshop led by a professional artist gave participants space for creative expression and experimentation. Teenagers created artworks inspired by landscapes and Halloween themes. The activity encouraged imagination, self-expression, and enjoyment of the artistic process.



October in Zhytomyr

Aromatherapy “Your Mental Health”

Ahead of Mental Health Day, teenagers participated in an aromatherapy session focused on emotional well-being. They learned about the impact of scents on mood and emotional balance and created personal aroma sachets. The meeting emphasized self-care, mindfulness, and attention to mental health.

Trip to “Polissia Hut”

Teenagers visited the cultural center “Polissia Hut” near Zhytomyr, where they explored local traditions and rural life. The visit included traditional activities, storytelling, and outdoor experiences. The trip strengthened group connection and deepened cultural awareness.








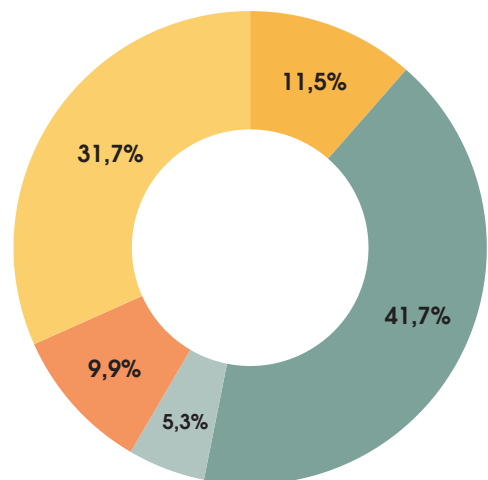


Impact report, November 2024

Data for the month of November*

Total expenses: **19 484 \$**

	Rent of premises	2231 \$
	Club's operations	8121 \$
	Workshops	1032 \$
	Psychological support	1926 \$
	Administrative expenses	6174 \$



34 hours of group sessions with a psychologist



32 workshops, excursions, and walks



33 hours of individ. sessions with a psychologist



63 educational trainings and English lessons

**Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*

November In Lviv

Workshop “Ukrainian Amulet”

Participants created personal amulets through art, expressing individuality and inner meaning. The workshop took place in a warm, supportive atmosphere that encouraged communication and mutual inspiration. The creative process helped teenagers connect imagination with personal reflection.

Letters to Santa

In November, teenagers wrote letters to Santa, sharing their dreams, wishes, and hopes. Due to power outages, the letters were written in shelters by flashlight. The activity symbolized resilience, hope, and belief in a better future despite difficult circumstances.



November in Cherkasy

Workshop “Shopper Painting”

During the workshop, teenagers designed unique hand-painted shoppers reflecting their individuality and personal style. Despite power outages, creativity, focus, and motivation filled the space throughout the session. Each bag became not only a functional everyday item but also a personal piece of art created with care and intention.

Traveling Film Festival

Teenagers attended a documentary film festival focused on human rights, ecology, and social challenges. After the screenings, participants discussed the films and shared reflections. The experience encouraged critical thinking, empathy, and active engagement with important topics.



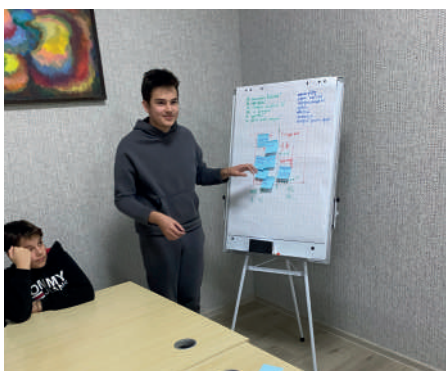
November in Khmelnytskyi

Financial Literacy Training

Throughout November, teenagers attended financial literacy sessions covering budgeting, saving, loans, and basic investing. The training helped them understand everyday financial decisions and avoid common financial traps. It supported the development of financial awareness and responsibility.

Programming Workshop

Teenagers participated in a Java programming workshop, learning about the language and creating their first simple program. The session introduced basic coding concepts and logical thinking. It became a first step into the world of technology and digital skills.



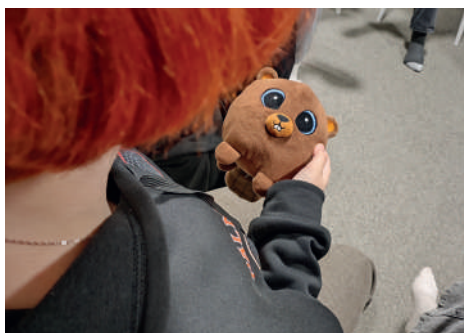
November in Zhytomyr

Training “A Warm Heart from Kindness”

The training focused on understanding kindness, empathy, and social responsibility in everyday life. Participants worked in teams, discussed real-life situations, shared personal reflections, and supported one another throughout the session. The training encouraged positive action, emotional awareness, and the development of an active civic mindset.

Flag Painting for the Day of the Armed Forces of Ukraine

Teenagers painted a symbolic flag as a gesture of support for Ukrainian defenders. The artwork included national symbols, messages of gratitude, wishes for peace, and elements reflecting hope and resilience. The activity fostered patriotism, empathy, solidarity, and a strong sense of unity within the group.

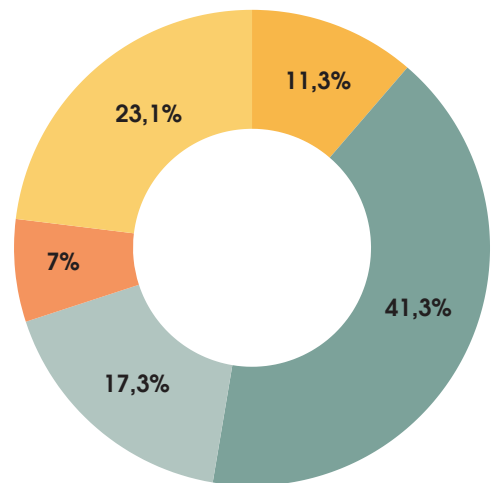






Impact report, December 2024


Data for the month of December*


Total expenses:	27 646 \$
● Rent of premises	3 130 \$
● Club's operations	11 423 \$
● Workshops	4 791 \$
● Psychological support	1 926 \$
● Administrative expenses	6 376 \$



 **34** hours of group sessions with a psychologist

 **33** workshops, excursions, and walks

 **17** hours of individ. sessions with a psychologist

 **62** educational trainings and English lessons

*Data on the activities of the "SviTy" clubs in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

December in Lviv

Lecture with Discussion on Mind Maps

Teenagers attended a lecture with discussion elements on Mind Maps as a tool for organizing ideas and planning. They learned how visualization supports learning, creativity, and logical thinking. Participants received practical tips for using Mind Maps in school and everyday life.

Painting Ceramic Christmas Ornaments

At the end of December, a workshop on painting ceramic Christmas ornaments took place. Despite air raid alerts, participants continued the activity in a shelter. The workshop encouraged creativity, resilience, and festive warmth.



December in Cherkasy

Gingerbread Decorating Workshop

Teenagers decorated gingerbread cookies using icing and festive designs, experimenting with colors, patterns, and decorative techniques. The workshop combined creativity, learning new skills, and a cozy holiday atmosphere. It allowed participants to relax, communicate, share ideas, and enjoy the creative process together.

New Year's Meeting at the Club

The year ended with a warm club meeting where teenagers reflected on achievements and experiences. Participants organized games and activities themselves, showing initiative and creativity. The meeting strengthened social bonds and a sense of belonging.



December in Khmelnytskyi

Excursion in Khmelnytskyi Region

A one-day excursion introduced teenagers to the history and culture of the region through an engaging and interactive format. Participants visited historical sites, museums, and joined a theatrical quest that brought the stories of the region to life. The trip provided new knowledge, inspiration, shared memories, and strengthened group connection.

Angel Crafting Workshop

Before Christmas, teenagers created angel decorations from air-drying clay and paints. Each ornament reflected individuality and festive spirit. The workshop combined creativity, patience, and holiday traditions.



December in Zhytomyr

Greetings from the Cyber Police for St. Nicholas Day

Teenagers received holiday greetings and gifts from the Cyber Police as part of the St. Nicholas Day celebration. The event fostered joy, empathy, and emotional support during the festive season. It also strengthened a sense of community, shared values, and cultural continuity.

Play “The Chosen One”

Participants attended the play “The Chosen One,” featuring their club’s acting instructor in the lead role. Visiting the theater supported the development of emotional intelligence, creativity, and reflective thinking. The experience encouraged self-expression, inspired interest in the arts, and helped reduce emotional stress.



Feedback from Program Participants



Dima, 13 y.o. Kharkiv

"I found friends – perhaps not many, but they are there. I learned to manage my emotions, and sessions with psychologists proved beneficial even when I didn't think I needed them."

Varia, 13 years old, Kharkiv

"In early summer 2023, I joined a 5-day "SviTy" camp where I met children who had gone through similar experiences. What I love most is going on trips outside the city and exploring, as well as participating in different quests. I felt a bit reserved, but now I've been able to open up and feel happy in this new environment. I'm so glad that "SviTy" exists."



Nastia, 14 years old, Kherson

"I learned about the "SviTy" club from a friend and have been attending it for 1.5 years. Thanks to this, I've made many friends, and I try not to miss sessions because I enjoy all the workshops and training."



Feedback from Program Participants



Arina 15 y.o. Kramatorsk

"I adapted more swiftly in Lviv, connected with several individuals who hold significant importance for me, and also underwent a profound transformation in my life."

Daryna, 16 years old, Druzhkivka

I moved to Khmelnytskyi in April 2022. I remember how difficult it was to adapt to a new city and environment, especially when you're here not by choice. The "SviTy" club was a real discovery for me: taking part in trips, workshops, sessions with a psychologist, and hiking in the Carpathians during camp made my summer unforgettable. Most importantly, I found true friends here and felt part of a big, friendly family»



Nastia, 16 y.o. Lviv

"I rediscovered myself, fortified my inner strength, and became more resilient through guidance and training. Now I possess a deeper understanding of friendship, which allows me to feel more tranquil and balanced."



Dear Partners,

We sincerely thank you for your support, trust, and contribution to the realization of our shared mission.

Thanks to your assistance, we are able to help those who need it most. Your contribution is a significant step towards inspiring change, restoring hope, and opening new horizons for children, teenagers, and their families during the most challenging times for our country.

Thank you for joining us in creating a future filled with opportunities, hope, and light!

**With respect and gratitude,
The Kids of Ukraine Team**



Recovering the childhood

