



Annual Report 2025



Dear Friends and Partners,

Another year of our shared commitment to the future of Ukrainian children has passed. Today, I would like to begin this report by saying «thank you». Thanks to your trust and continued support, KIDS OF UKRAINE Foundation has remained resilient and become a reliable support system for hundreds of teenagers.

War, the loss of home, and forced displacement are challenges no child should face alone — and, unfortunately, they persist. In this report, we share the results of our work, from the daily activities in our centers to large-scale psychological support programs.

Transparency is a core part of how we work. We believe in consistently showing how our organization is evolving and the real impact our programs have on children's lives. We have learned that supporting a child today requires a strong professional team and sustained commitment — especially as the war continues. That is why we invest in long-term recovery approaches, the development of our centers, and expanding our reach to support more children. Thank you for being part of this mission. Together, we provide children with the support they need and the chance for a dignified future.

Artem Mazur, CEO, Co-Founder KIDS OF UKRAINE

Victor Halchynskyy, Advisory Board Member

Children are among the most affected by the war. In such circumstances, it is especially important to create not only safe spaces for them but also opportunities to learn, grow, heal from trauma, and enjoy a full and meaningful life. This is exactly what the KIDS OF UKRAINE Foundation makes possible. I support it because it does incredibly important work — helping children recover and shaping the future of Ukraine.



Andrii Antonenko, Advisory Board Member

I am with KIDS OF UKRAINE Foundation because I know: our children need a space where they can once again find their true selves. They need living interaction. This is not charity. This is our contribution to a generation that will know how to rediscover its own strength and the joy of living. Each of us can be such a support for the future of our children.



2025 in numbers*

2 336

sessions held in our spaces over the year:
educational, psychosocial, creative, and more

395 663 \$

funds raised in Ukraine and internationally
supported the implementation of the
"SviTY" program



543

group sessions
with a psychologists



573

workshops, excursions,
and walks



310

hours of individual work
with a psychologist



759

educational trainings
and English lessons

**Data on the activities of the "SviTY" spaces in Lviv, Cherkasy,
Khmelnytskyi and Zhytomyr*

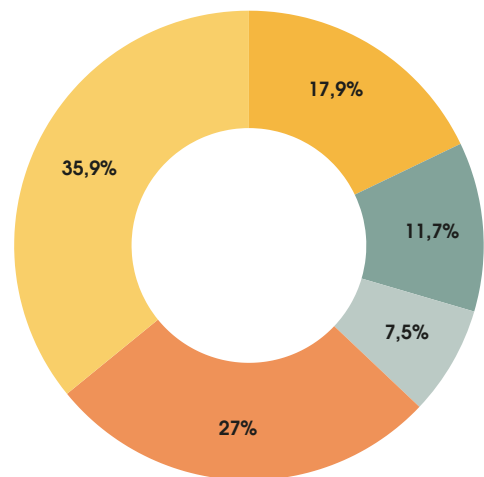



Data for the month of January


For the period January 1-31, 2025*


Total expenses: **30 164 \$**

- Maintenance of premises **5392 \$**
- Expenses for activities **3519 \$**
- Psychological consultations **2269 \$**
- Administrative costs **8159 \$**
- Total maintenance **10 825 \$**



 **28** group sessions with a psychologists

 **46** workshops, excursions, and walks

 **23** hours of individual work with a psychologist

 **54** educational trainings and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

January in Lviv

Interactive Science Museum

As part of the program for adolescents, an educational visit to the Science Museum in Lviv was organized. Participants interacted with exhibits, conducted experiments, and explored physical phenomena. This format fosters curiosity, critical thinking, and creates a positive emotional learning experience.

Strategic Session for the Kids of Ukraine Team

The team of the Kids of Ukraine charitable foundation took part in a strategic session focused on planning activities for 2025. During the business simulation “Strategic Planning,” more than 100 goals were formulated across key focus areas. The session helped define priorities and strengthen the organization’s operational effectiveness.



January in Cherkasy

Sand Animation Workshop

Adolescents participated in a creative sand animation workshop, where they created their own stories using sand and imagination. This format has a therapeutic effect, helps express emotions, and supports emotional relaxation. For many participants, it was their first engaging experience with sand animation.

Training with a Psychologist “Me and My Emotions”

During the training, children explored the nature of emotions and learned to recognize and safely express their own feelings. Through interactive exercises and group work, they developed skills in emotional self-regulation and empathy. The meeting took place in an atmosphere of support and trust and contributed to strengthening emotional resilience.



January in Khmelnytskyi

Career Guidance Training Program

In January, a career guidance training program was launched, focused on self-discovery and identifying professional interests. Through testing and practical exercises, participants explored their strengths, talents, and possible development paths. The program supports a more conscious approach to choosing a future profession.

Peer Support Group for Parents

During group peer support meetings for parents, participants discussed parenting challenges, shared experiences, and received psychological support. These meetings help reduce anxiety and strengthen families' internal resources.



January in Zhytomyr

One Year of the “SviTY” Space in Zhytomyr

The “SviTY” space in Zhytomyr marked 1 year of working with adolescents affected by the war. During this time, the center has become a safe place for support, development, and communication. Over the year, more than 550 trainings and workshops were held, helping children restore their emotional well-being and discover new opportunities.

Training “Hello, This Is Me!”

During the “Hello, This Is Me!” training, adolescents got to know each other, built communication skills, and developed a sense of belonging to the group. Interactive exercises helped reduce stress and create a trusting atmosphere. Participants felt more confident and safe.








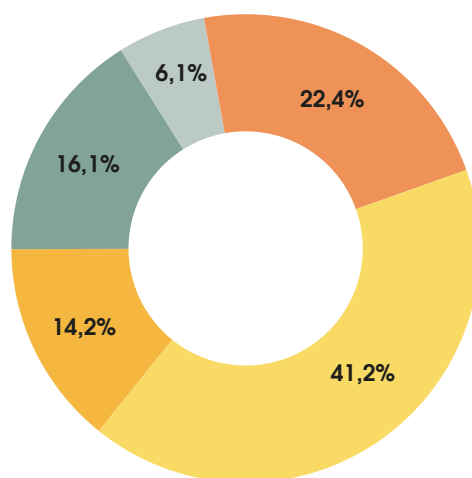


Data for the month of February

For the period February 1-28, 2025*

Total expenses: **28 012 \$**

 Maintenance of premises	3722 \$
 Expenses for activities	4233 \$
 Psychological consultations	1660 \$
 Administrative costs	5885 \$
 Total maintenance	12 512 \$



47 group sessions
with a psychologists



54 workshops, excursions,
and walks



10 hours of individual work
with a psychologist



53 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

February in Lviv

Career Guidance Visit to SoftServe

Participants of the “SviTY” program visited the SoftServe office and learned about the work of a modern IT team. Adolescents explored different IT career paths, career opportunities, and the importance of continuous learning. The visit helped them better navigate professional choices and see real career prospects.

Podcast Recording with a Personal Brand Mentor

Adolescents took part in recording a podcast with a personal brand mentor, trying themselves as hosts and speakers. They discussed self-realization, uniqueness, and finding one’s own voice. This experience helped participants better understand their strengths and potential.



February in Cherkasy

Valentine’s Day Evening

A themed Valentine’s Day evening with games, contests, and creative activities was held at the space. Adolescents wrote valentines, took part in a quiz, and created bright memories in a themed photo zone. The warm and supportive atmosphere encouraged open communication and positive emotions.

Sound Therapy

Adolescents participated in sound therapy as a gentle tool for emotional support. Getting acquainted with Tibetan bowls, gongs, and other instruments promoted deep relaxation and stress reduction. Participants experienced calmness, inner balance, and emotional recovery.



February in Khmelnytskyi

Workshop “Cookie Decorating”

For Valentine’s Day, adolescents created their own sweet gifts during a gingerbread cookie decorating workshop. Participants wrote warm wishes and packed their creations in gift boxes. The event combined creativity, communication, and a festive atmosphere.

Pajama Party

At the end of winter, adolescents gathered for a cozy pajama party at the “SviTY” space. In a relaxed atmosphere, they communicated, completed team tasks, and spent time together. A memorable highlight was a photoshoot with a professional photographer.



February in Zhytomyr

Training “Friendship, Love, Relationships”

Adolescents discussed relationships, exploring the concepts of friendship, love, and mutual respect. Through exercises and discussions, participants identified key values in relationships. This contributed to a better understanding of themselves and others.

Training with a Psychologist “The House of Happiness”

During the training, adolescents created their own “Houses of Happiness” as symbols of their inner world and emotional comfort. The creative process was combined with conversations about coziness, support, and family values. The meeting helped participants realize that a sense of happiness is built from simple yet important things.








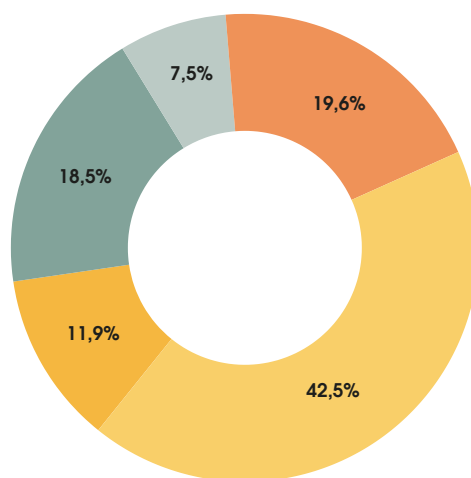



Data for the month of March


For the period March 1-31, 2025*


Total expenses: **30 135 \$**


 Maintenance of premises	3592 \$
 Expenses for activities	5586 \$
 Psychological consultations	2246 \$
 Administrative costs	5905 \$
 Total maintenance	12 806 \$



 **32** group sessions with a psychologists

 **60** workshops, excursions, and walks

 **29** hours of individual work with a psychologist

 **74** educational trainings and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

March in Lviv

Official Opening of the Renewed “SviTY” Space

The opening of the renewed “SviTY” space took place in Lviv — a place of support, acceptance, and community for adolescents. The event brought guests together around themes of growing up, overcoming challenges, and the importance of a safe space. This day marked the beginning of a new stage in the space’s development.

Completion of a Workshop Series within the Mentorship Program

A series of seven workshops for adolescents within the mentorship program was completed. Participants worked on topics such as values, identity, goals, time management, and responsibility. The practical format helped them apply the acquired skills in everyday life.



March in Cherkasy

Workshop “Living Forest”

During the workshop, adolescents created compositions from natural materials, working with stabilized moss and dried flowers. The eco-therapy format promoted emotional relief and a sense of calm. The creative process combined self-expression and environmental awareness.

Excursion to Kholodnyi Yar

Adolescents traveled to Kholodnyi Yar, observed the blooming snowdrops, and visited the Motronynskyi Monastery. The trip combined nature exploration, history, and informal communication. The day ended with relaxation near the Haidamatskyi Pond.



March in Khmelnytskyi

Podillia Decorative Painting Workshop

Participants learned about the traditions of Podillia decorative painting and created their own ornaments. Adolescents explored how cultural heritage connects with creativity, experimented with colors and shapes, and developed artistic skills. The works were vibrant and reflected each participant's unique style.

"Eureka" Interactive Science Museum

Adolescents visited the "Eureka" Interactive Science Museum with hands-on exhibits and scientific zones. The format allowed participants to explore the exhibits through personal experience. The visit combined learning, curiosity, and positive emotions.



March in Zhytomyr

"Initiation of SviTY Members" Party

The initiation event for new "SviTY" participants became an important emotional milestone for adolescents. They felt a sense of belonging to the community, peer support, and joy from new connections. The event helped strengthen friendships, increase self-confidence, and foster a sense of being part of a meaningful community.

"Polissia House" Excursion

Adolescents visited the "Polissia House" and learned about everyday life and traditions of the region more than a century ago. The trip included a quest, activities, and shared recreation. This format combined cultural learning, movement, and team interaction.








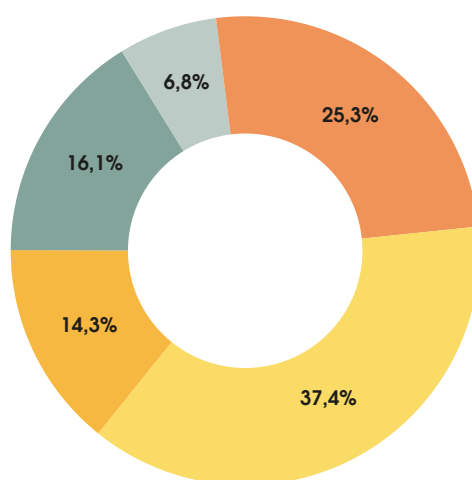


Data for the month of April

For the period April 1-30, 2025*

Total expenses: **33 467 \$**

 Maintenance of premises	4775 \$
 Expenses for activities	5401 \$
 Psychological consultations	2285 \$
 Administrative costs	8481 \$
 Total maintenance	12 525 \$



26 group sessions
with a psychologists



46 workshops, excursions,
and walks



37 hours of individual work
with a psychologist



84 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

April in Lviv

Traditions That Give Strength: Preparing for Easter

In April, a series of Easter workshops for children and parents was held. Participants learned about Ukrainian traditions and created festive decorations together with their families. Joint creativity fostered open communication, strengthened family bonds, and created a sense of support.

Therapeutic Meeting with Horses

Adolescents took part in a therapeutic meeting with horses as a form of emotional support. Interaction with animals helped reduce tension, relax, and restore inner balance. The meeting supported better connection with oneself and nature.



April in Cherkasy

Pysanky as a Symbol of Unity

Club participants decorated 25 pysanky representing traditions from different regions of Ukraine. Before the workshop, adolescents learned about ornament symbolism and color meanings. The creative process became a way to reflect on national unity through art.

Easter Gathering: Family Atmosphere and Warm Traditions

The Easter gathering brought together children and adolescents around festive traditions. Participants created crafts, played games, and shared warm moments at the holiday table. The atmosphere fostered a sense of community, support, and family warmth.



April in Khmelnytskyi

Ebru: A New Experience through Art

Adolescents explored the ebru technique — painting on water. The session became a space for self-expression and emotional release. The artworks were vivid, unique, and emotionally expressive.

Denim Party: Creativity, Teamwork, and Cake

A denim-themed party took place at the “SviTY” space, combining teamwork and creativity. Adolescents created artworks from old jeans, giving items a new life. The event concluded with festive treats and positive emotions. Each participant had the opportunity to express creativity and experience the joy of shared creation.



April in Zhytomyr

Gifts for the Military: Support That Builds Strength

Adolescents created gifts and greeting cards for military personnel in a hospital. The creative process helped reduce stress, foster a sense of purpose, and bring joy from doing good deeds. The initiative promoted empathy, self-confidence, patriotic values, and awareness of the importance of supporting others.

Pysanka Painting Workshop

Participants of the “SviTY” program in Zhytomyr joined a traditional pysanka painting workshop, immersing themselves in symbolism and Easter traditions. The session combined creativity with a calm atmosphere. For participants, it became an experience of inspiration, focus, and a sense of unity.








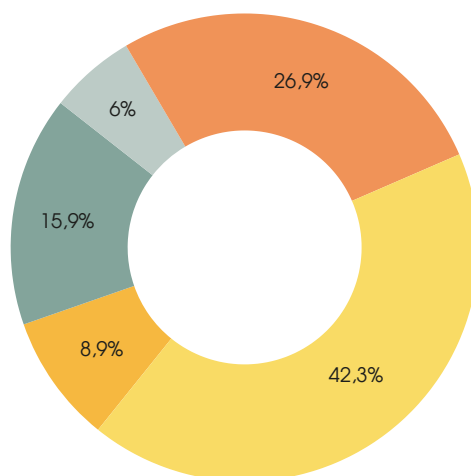


Data for the month of May

For the period May 1-31, 2025*

Total expenses: **32 240 \$**

 Maintenance of premises	2865 \$
 Expenses for activities	5134 \$
 Psychological consultations	1920 \$
 Administrative costs	8687 \$
 Total maintenance	13 634 \$



44 group sessions
with a psychologists



48 workshops, excursions,
and walks



31 hours of individual work
with a psychologist



76 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

May in Lviv

Open Day

At the beginning of May, an Open Day was held at the “SviTY” space. New families learned about the recovery program, explored the space, and discovered how the sessions are conducted. Children took part in a creative workshop, allowing them to experience the atmosphere of the activities. The event supported знакомства and trust-building.

Completion of the “School of Psychology” Course

Adolescents successfully completed a course by UCU focused on psychology, mental health, and personal development. Participants developed skills in emotional literacy, self-help, and healthy communication. The course helped reinforce essential life competencies and strengthen self-confidence.



May in Cherkasy

Workshop “Creative Traditions”

For Vyshyvanka Day, children created heart-shaped keychains decorated with elements of Ukrainian embroidery. Each item was unique, combining modern design with traditional motifs. The event fostered a sense of belonging and appreciation for Ukrainian culture.

Trip to Korsun-Shevchenkivskyi

Participants visited the Historical Museum, a 17th-century palace, and the canyon on the Ros River. The excursion combined historical knowledge, team interaction, and peaceful moments in nature, supporting inspiration and rest.



May in Khmelnytskyi

Workshop “Networking”

Participants learned how to effectively meet people, maintain connections, and reflect on their communication experiences. The meeting was interactive: adolescents asked questions, discussed real-life situations, shared examples, and received practical advice applicable to everyday life.

Introducing the City to “SviTY”

The “SviTY” program was presented at a citywide event. Children spoke about the space’s activities, answered questions, and experienced teamwork in a public setting. The event contributed to developing responsibility and a sense of involvement.



May in Zhytomyr

Training for Adolescents and Their Mothers

On Mother’s Day, a training session was held to strengthen trust and emotional connection within families. Participants learned to express feelings openly, understand each other, and communicate without conflict. The meeting helped families grow closer and foster mutual appreciation.

Open Day

New families visited the space, met the team and other participants, and took part in workshops and games. The event strengthened trust, created a supportive atmosphere, and allowed participants to feel part of the community.








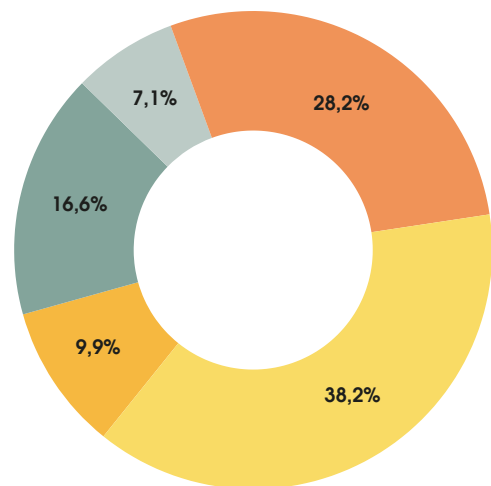


Data for the month of June

For the period June 1-30, 2025*

Total expenses: **30 268 \$**

 Maintenance of premises	2992 \$
 Expenses for activities	5035 \$
 Psychological consultations	2146 \$
 Administrative costs	8544 \$
 Total maintenance	11 551 \$



52 group sessions
with a psychologists



53 workshops, excursions,
and walks



31 hours of individual work
with a psychologist



65 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

June in Lviv

Five-Day “SviTY” Camp

Five days, 15 participants, and an atmosphere of trust and support. Children explored emotions during sessions with a psychologist, tried various workshops, played board games, walked around the city, and engaged in creative activities. The camp became a time for rest, new discoveries, and building friendships.

English Language and NMT Preparation Courses

Over three months, participants studied English, combining grammar with practical topics such as online safety, weekend planning, and family values. In parallel, they prepared for the NMT exam in the history of Ukraine, mastering event logic through interactive games and discussions.



June in Cherkasy

Training “Debate Club”

The first debate workshop helped children develop critical thinking, express opinions confidently, and listen to others. During the “spaceship” game, children took on roles of famous figures, persuaded their team, and trained creativity and argumentation skills. The program concluded with a celebration of emotions and a sense of community.

Training “Leadership and Teamwork”

The session helped explore how to be an empathetic leader, communicate effectively, and support a team. Practical tasks and discussions allowed participants to recognize strengths, learn cooperation, and feel their influence within the community.



June in Khmelnytskyi

One-Day “SviTY” Camps

During the day, 29 children explored the space, reflected on their inner world in a session with a psychologist, tried floorball and rugby, created cacti using the paper trimming technique, and searched for treasures during a photo quest. A tasty lunch and tea with sweets completed the day, creating an atmosphere of support and joyful discovery.

Meeting with a Psychologist “How to Cope with Stress”

Participants learned that stress is a natural reaction and practiced recognizing and managing it. Breathing, relaxation, and concentration exercises helped calm down, discuss emotions, and identify personal coping strategies. As a keepsake, participants received chestnuts — symbols of small steps toward calmness and confidence.



June in Zhytomyr

Team-Building Training

Group tasks and interaction helped participants feel part of a safe community. Adolescents learned to open up after loss, develop cooperation and support skills, and recognize the needs of others.

Workshop “Painting Butterflies”

The creative process allowed participants to express emotions and work through inner experiences in a safe environment. Each butterfly symbolized transformation — from insecurity to lightness and brightness. A supportive atmosphere and the presence of a psychologist helped participants feel inner stability and pride in their results.








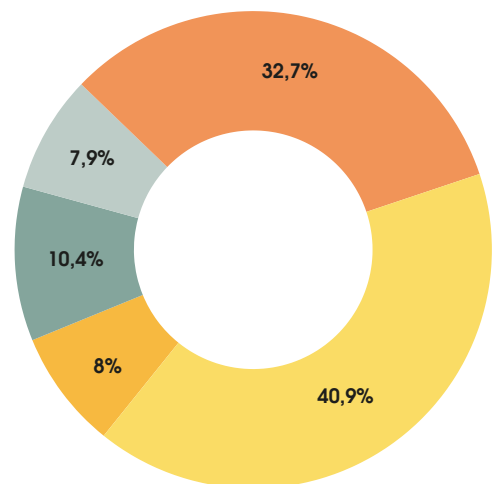


Data for the month of July

For the period July 1-30, 2025*

Total expenses: **34 773 \$**

 Maintenance of premises	2795 \$
 Expenses for activities	3633 \$
 Psychological consultations	2759 \$
 Administrative costs	11 357 \$
 Total maintenance	14 229 \$



65 group sessions with a psychologists



74 workshops, excursions, and walks



31 hours of individual work with a psychologist



45 educational trainings and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

July in Lviv

“SviTY” Camp in the Carpathians, 10.07–18.07

The restorative camp brought together eight days of adventure, support, and teamwork. Participants took part in sessions with a psychologist, activities with team leaders and guides, tried new experiences, and worked through personal fears. Mountain hikes, rafting, and team challenges helped adolescents recover and feel their inner strength.

Visit to the Shelter for Rescued Animals

During a visit to the Shelter for Rescued Animals, adolescents met the shelter’s residents and learned their rescue stories. Walks and interaction with the animals became an experience of care and empathy. Such encounters foster responsibility and teach that kindness begins with action.



July in Cherkasy

Visit to the Art Train

Adolescents visited an art train featuring the photo exhibition “Courage of a Nation” by Howard G. Buffett. The exhibition format inside Ukrzaliznytsia train cars created space for reflection, dialogue, and processing emotions through art. The experience supported reflection on important events and sharing personal impressions.

Group Sessions with a Psychologist

Group sessions with a psychologist focused on developing emotional intelligence — the ability to recognize and name one’s emotions, understand others, and stay connected with oneself. Children practiced identifying their feelings, speaking about difficult topics, and listening to one another. A safe environment fostered trust, support, and inner growth.



July in Khmelnytskyi

Training “Me and My Friends”

During the training, adolescents discussed friendship, support, and self-presentation. Participants shared their interests and values and practiced communication and active listening skills. The trusting atmosphere highlighted the importance of supportive words and mutual understanding.

Photo Session in the Rain

The outdoor photo session took place despite the rain, which added emotion and atmosphere to the event. Adolescents experimented with looks and locations. The photos captured the mood of the moment and gave children an opportunity to see themselves differently, recognize their individuality, and preserve emotions through photography.



July in Zhytomyr

“SviTY” Camp in the Carpathians, 29.06–07.07

The restorative camp in the Carpathians combined work with a psychologist, team activities, and time in nature. Adolescents learned to work with emotions, overcome anxiety, and build trusting relationships. The camp became a space of support, recovery, and new friendships.

Educational Game “Lisa Travels the World”

The interactive game “Lisa Travels the World” introduced adolescents to cultures and values of different countries. Participants worked in teams, discussed ideas, and searched for solutions together. The game-based format developed communication skills, emotional intelligence, and global thinking.








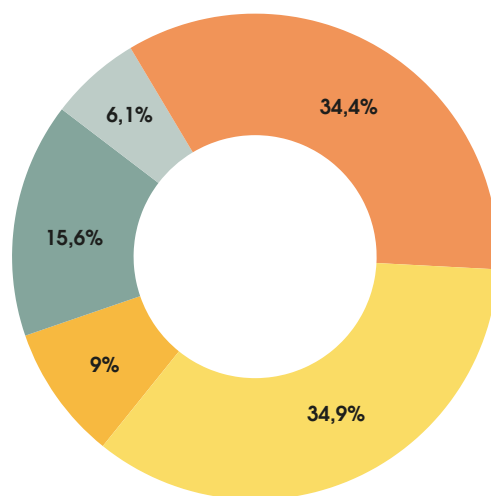


Data for the month of August

For the period August 1-31, 2025*

Total expenses: **31 506 \$**

 Maintenance of premises	2821 \$
 Expenses for activities	4928 \$
 Psychological consultations	1910 \$
 Administrative costs	10 838 \$
 Total maintenance	11 009 \$



38 group sessions
with a psychologists



58 workshops, excursions,
and walks



15 hours of individual work
with a psychologist



35 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

August in Lviv

Ukrainian Charity Dinner, Basel

On August 24, a Ukrainian Charity Dinner took place in Basel, raising EUR 17,428. UAH 650,000 was allocated for the purchase of an ultrasound diagnostic system for the Zaporizhzhia Regional Children's Hospital, while the remaining funds supported the work of psychologists at the "SviTY" centers. The event united the Ukrainian community abroad to support children's health and recovery.

Workshop "Motanka Doll"

Adolescents explored Ukrainian traditions and created their own motanka dolls. The process developed attentiveness and creativity, while collaborative work encouraged idea sharing. The workshop combined creativity with connection to cultural heritage.



August in Cherkasy

"SviTY" Camp in the Carpathians, 27.07–04.08

Eight days in the Carpathians became a space of recovery, support, and safety for adolescents. The program included hiking, rafting, team and creative activities, and daily work with psychologists. The camp helped reduce tension and strengthen mutual support, inner resilience, and confidence in personal abilities.

Excursion to Lehedzyne and Vodianyky

Adolescents explored the history of the Trypillia culture in Lehedzyne and discovered the natural landscapes of Vodianyky. The trip combined historical learning, communication, and active outdoor recreation. It contributed to group cohesion, broader perspectives, and shared experiences.



August in Khmelnytskyi

“SviTY” Camp in the Carpathians, 07.08–15.08

Twenty-five adolescents who had experienced stress and the impacts of war spent a week in the Carpathians focused on recovery, support, and personal growth. Each day of the camp helped release tension, strengthen inner resilience, and discover new personal resources.

In the mountains, participants experienced freedom, safety, and joy. Eight days passed as one moment, filled with adventure, new discoveries, vivid emotions, and challenges. Each camper discovered personal strengths and fully engaged in camp life.



August in Zhytomyr

Participation in Youth Day Celebrations

Adolescents from the “SviTY” center joined Youth Day celebrations, met new peers, and practiced social interaction. The event contributed to stress reduction, increased self-esteem, and a sense of belonging to the community.

Training Game “Emotional Intelligence”

During the training, adolescents learned to recognize and name emotions, manage them, and regulate emotional states in different situations. Participants gained tools for reducing tension and improving communication. The session supported the development of resilience and emotional maturity.








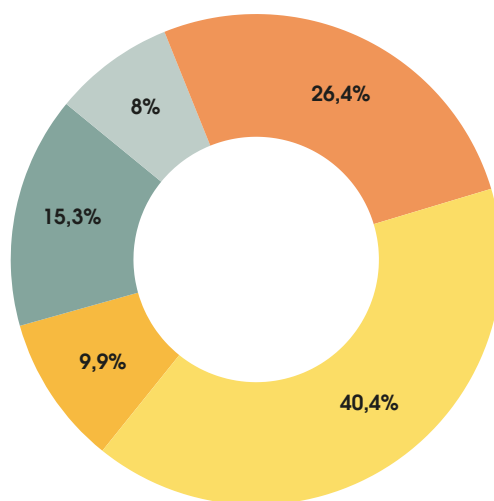


Data for the month of September

For the period September 1-30, 2025*

Total expenses: **25 221 \$**

 Maintenance of premises	2488 \$
 Expenses for activities	3854 \$
 Psychological consultations	2013 \$
 Administrative costs	6670 \$
 Total maintenance	10 196 \$



42 group sessions
with a psychologists



20 workshops, excursions,
and walks



22 hours of individual work
with a psychologist



49 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

September in Lviv

Visit to the Museum in the Dark

Participants visited the Museum in the Dark, guided by visually impaired guides, and explored the space without using sight. They completed tasks, learned Braille, and took part in sensory games. The experience fostered empathy, attentiveness, and respect for diverse life experiences.

Behind-the-Scenes Introduction to Theatre

Adolescents visited a youth theatre and explored backstage areas, including dressing rooms, costume storage, and the stage. They took part in a workshop and experienced the theatrical process firsthand. The visit developed creativity, teamwork, and confidence in self-expression.



September in Cherkasy

Training “Debates”

A debate tournament on the use of artificial intelligence in education took place at the “SviTY” center. Participants developed arguments, worked in teams, and practiced time management skills. The event supported critical thinking, communication, and respectful advocacy of one’s position.

Training “Who Am I? Or a Guide to Being a Teenager”

During the session, adolescents explored their emotions, needs, and challenges of adolescence. Through interactive exercises, they learned to better understand themselves and accept their individual traits. The training provided practical tools for self-development.



September in Khmelnytskyi

Neuropsychology Session

Children explored how the brain works through exercises focused on attention, memory, reaction speed, and creativity. They discovered personal resources, better understood individual characteristics, and learned more effective ways of studying and communicating. The session offered a new perspective on strengths and development opportunities.

Meeting with a Doctor “How to Live a Long and Happy Life”

Adolescents discussed healthy lifestyles, self-care, and conscious decision-making. The doctor shared practical advice and professional experience. The meeting emphasized the importance of responsible attitudes toward personal health.



September in Zhytomyr

Workshop “Anti-Stress Drawing”

Children created anti-stress drawings using repetitive lines, patterns, and colors. The process helped reduce tension, stay present, and express emotions nonverbally in a safe way. The workshop supported mindfulness, emotional stability, and inner balance.

Training “Back to School: A Bright Start”

The session helped participants gently transition into the new school year. Through group exercises, adolescents gained emotional resources, support, and a sense of team spirit. The training set a positive tone and readiness for new challenges.








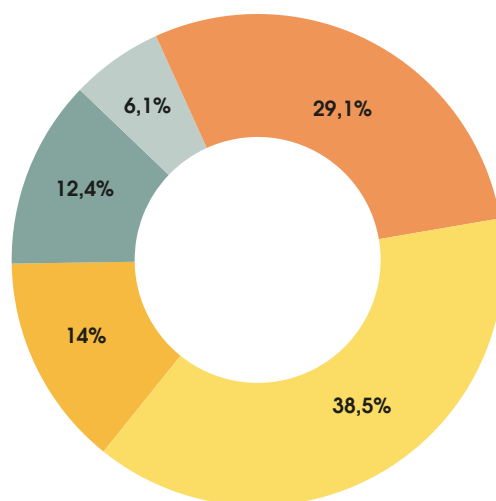


Data for the month of October

For the period October 1-31, 2025*

Total expenses: **36 390 \$**

 Maintenance of premises	5 089 \$
 Expenses for activities	4 508 \$
 Psychological consultations	2 209 \$
 Administrative costs	10 582 \$
 Total maintenance	14 002 \$



50 group sessions
with a psychologists



53 workshops, excursions,
and walks



33 hours of individual work
with a psychologist



49 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

October in Lviv

Charity Run SVITYrun

On October 18, a charity run was held in Lviv to support the “SviTY” program for adolescents affected by the war. More than 100 participants joined the event. Thanks to charitable contributions, UAH 63,626 was raised and allocated to support the “SviTY” centers in Lviv, Cherkasy, Khmelnytskyi, and Zhytomyr.

Energy Bars for the Armed Forces of Ukraine

Adolescents prepared energy bars for Ukrainian Defenders. The initiative demonstrated that even simple collective actions can have meaningful impact. Participation fostered responsibility, unity, and a sense of contribution.



October in Cherkasy

Quest “In Search of Dovhokryl (The Longwing)”

The quest combined an adventure format with the development of communication and media literacy skills. Participants worked in teams, made decisions, and supported one another. Some adolescents joined as volunteers, demonstrating growing responsibility and active civic engagement.

Level Up: Boys vs. Girls

A game tournament with contests, relay races, and team challenges was held. The event supported teamwork, healthy competition, and social skills. The positive atmosphere strengthened friendships and a sense of community.



October in Khmelnytskyi

Glass Painting Workshop

Adolescents participated in a glass painting workshop inspired by the art of Mariia Prymachenko. The session developed creativity, attention to detail, and the ability to convey ideas through imagery. A visit to a contemporary art exhibition provided additional inspiration.

Excursion to Ostroh

Participants visited Ostroh Castle, the Museum of Books and Printing, and Ostroh Academy. The combination of a historical excursion with psychological practices supported emotional processing and strengthened team interaction. The day was filled with learning and shared experience.



October in Zhytomyr

Training “Life Without Scars: Finding Strength Within”

The training focused on emotional well-being and the prevention of self-harming behavior. Adolescents learned to recognize emotions and express them safely. Practical techniques supported the development of stress resilience and self-support skills.

Self-Defense Training

Participants developed skills in safe behavior, self-control, and confidence in challenging situations. Practical exercises helped them assess risks and act calmly without aggression. The training fostered a sense of safety and inner resilience.








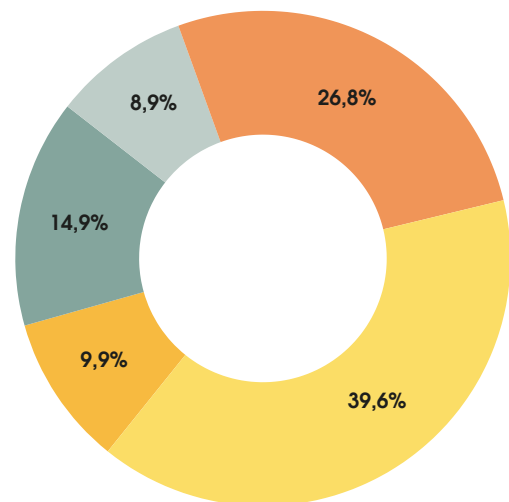


Data for the month of November

For the period November 1-30, 2025*

Total expenses: **26 873 \$**

 Maintenance of premises	2649 \$
 Expenses for activities	4002 \$
 Psychological consultations	2401 \$
 Administrative costs	7193 \$
 Total maintenance	10 630 \$



60 group sessions
with a psychologists



33 workshops, excursions,
and walks



23 hours of individual work
with a psychologist



55 educational trainings
and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

November in Lviv

Taking a Step into IT: Generation Tech Course

14 adolescents completed the practical Generation Tech course by SoftServe, focused on career orientation in IT. Participants explored the basics of programming and web development, worked on projects, and presented their own websites. The course helped them view IT as a potential career path and strengthened teamwork and critical thinking skills.

Financial Literacy Workshop

Adolescents and their parents participated in a financial literacy workshop led by specialists from Credit Agricole. Participants discussed online risks and safe behavior in the digital environment. The practical format provided useful tools for everyday life.



November in Cherkasy

Meeting with the SviTY Team from Lviv

The Cherkasy team visited Lviv and spent a joint day with participants of the "SviTY" program. Adolescents got acquainted, created tote bags, and shared stories. The meeting strengthened unity, trust, and mutual support between participants from different cities.

Media Literacy Forum and Debate Tournament

Adolescents participated in the nationwide Info TeenUA forum in Lviv, focused on media literacy and critical thinking. The team also joined a debate tournament and won first place. The experience supported teamwork, confidence, and argumentation skills.



November in Khmelnytskyi

Children's Rights Day and World Children's Day at "SviTY"

Adolescents discussed their rights through live dialogue and interactive activities. Representatives of the Ombudsman's Office and Juvenile Police explained how to act in cases of rights violations and where to seek help. The meeting combined learning, dialogue, and support.

Round Table for Educators

A round table for social educators was held at the "SviTY" center on psychosocial support for children affected by the war. Participants discussed practical approaches, methodologies, and the creation of safe environments. The event supported experience exchange and strengthened cooperation.



November in Zhytomyr

Workshop "Relaxing with Paints"

Adolescents created autumn-themed artworks, combining creativity with emotional recovery and inner balance. Painting helped reduce anxiety, stay present, and develop mindfulness and emotional resilience. The session took place in an atmosphere of acceptance, support, and calm, allowing free emotional expression through art.

Training "Hygge Mood: Light Within You"

Participants explored relaxation, breathing, and mindfulness practices in a Hygge-inspired format. The session helped develop personal rituals of calm and self-support. A trusting atmosphere encouraged open emotional sharing and care for mental well-being.



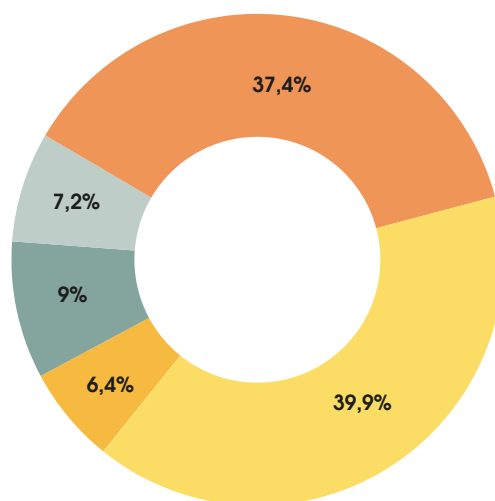



Data for the month of December


For the period December 1-31, 2025*


Total expenses: **56 614 \$**

● Maintenance of premises	3 619 \$
● Expenses for activities	5 110 \$
● Psychological consultations	4 104 \$
● Administrative costs	21 187 \$
● Total maintenance	22 594 \$



 **59** group sessions with a psychologists

 **28** workshops, excursions, and walks

 **25** hours of individual work with a psychologist

 **120** educational trainings and English lessons

*Data on the activities of the "SviTY" Centers in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr

December in Lviv

Thank You for a Holiday for Children

In December, our spaces were filled with gifts, attention, and care thanks to those who contributed to creating holiday experiences for children. This support brought joy, a sense of safety, and warm moments during a challenging time. We are sincerely grateful to everyone who helped make the holidays brighter.

Workshop “Christmas Didukh”

A family workshop on creating a traditional Christmas didukh was held at the “SviTY” space. Participants learned about Ukrainian traditions and created a symbol of family and memory by hand. The shared process strengthened connections and allowed traditions to be experienced through practice.



December in Cherkasy

Light of Gratitude

On the eve of St. Nicholas Day, adolescents prepared drawings as gifts for benefactors. Through creativity, they expressed gratitude for the support and the opportunity to attend sessions in a safe space. The initiative highlighted the value of mutual support and community.

Game-Based Training “Preventing Abuse”

A game-format training on safe relationships was held at the “SviTY” space. Adolescents discussed abuse, personal boundaries, and recognizing harmful behavior. The session supported the development of a culture of respect and responsibility.



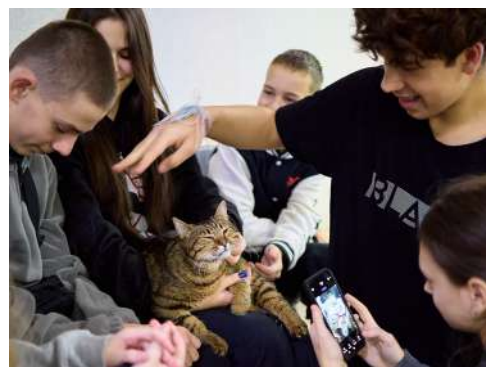
December in Khmelnytskyi

Collaboration with the Zarmilkas Brand

Adolescents participated in creating a charity accessory in collaboration with the Zarmilkas brand. They worked on sketches and decoration, learned about the jewelry-making process, and took part in a photo shoot. The collaboration provided experience of co-creation and a sense of involvement in supporting the “SviTY” program.

Workshop on SMM Basics

A practical workshop on the basics of SMM was held at the “SviTY” space. Adolescents analyzed Instagram profiles, discussed visuals and style, and created content for the profile of Teresa the cat. The session developed creativity, critical thinking, and confidence in personal ideas.



December in Zhytomyr

Training with a Psychologist “Girls Power”

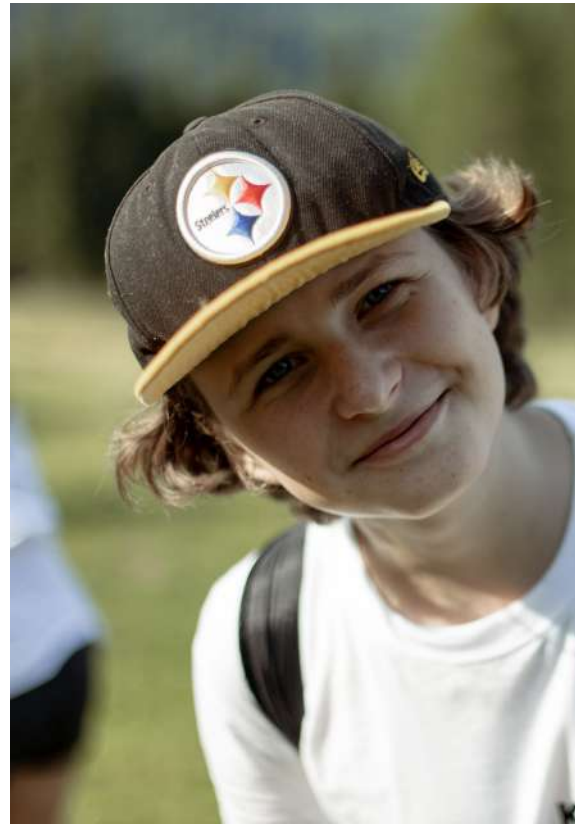
The training became a space for discussions about self-worth, rights, and opportunities for girls. Through exercises and dialogue, participants explored boundaries, self-realization, and finding their voice. The event supported confidence-building and healthy self-esteem.

Visit to a Military Hospital before Christmas

Children visited a military hospital to congratulate service members on the holidays and deliver handmade gifts. Personal interaction fostered empathy, gratitude, and respect. The visit became an important experience in values-based and civic education.



Thank You!



Ways you can help us:



Tell others about us

Share information about our activities so that more people can learn about our project.



Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

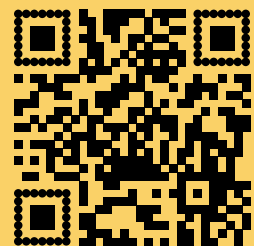
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Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)