



Impact report

February 2026

Data for the month of February

For the period February 1-28, 2026*

In January, there were **2264 visits** to our activities



42

Group sessions
with psychologists



21

Hours of individual
psychological sessions



20

Creative
workshops



89

Educational trainings
on important topics



23

Excursions, activities,
and team games



23

English Lessons
and Speaking Clubs

**Data on the activities of the "SvITY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*



February in Lviv

NMT Preparation Course in the History of Ukraine

At the “SviTY” space, a preparation course for the National Multi-Subject Test (NMT) in the History of Ukraine has been launched. This exam is a key requirement for admission to higher education institutions. The course is delivered in an interactive format using animated videos, games, and discussions, helping adolescents absorb the material without overload or rote memorization. During the introductory session, participants met the mentors, reduced anxiety related to the exam, and gained a clear understanding of the course structure. The program consists of 16 sessions and is aimed at strengthening academic confidence, developing critical thinking, and improving test performance.



Clay Modeling Workshop

As part of the program, a clay modeling workshop was held, aimed at emotional relief and creative self-expression. Working with clay helps reduce stress, improve concentration, and restore inner balance through tactile experience. The session also fostered adaptability and group cohesion, as participants remained engaged and focused despite external challenges. The activity supported resilience, the ability to maintain focus, and the use of creativity as a personal resource.



February in Cherkasy

Masterclass “Love Handmade”

On the eve of Valentine’s Day, a creative masterclass was held at the “SviTY” space, where adolescents created themed decorative lamps. Participants worked with materials, shapes, and their own ideas, developing creativity and self-expression skills. The process required focus and attention to detail while allowing space for individuality. The activity supported emotional relief, positive group interaction, and the creation of a supportive environment.



Thematic Meeting “Cupid’s Arrow”

A thematic meeting aimed at developing communication, trust, and social interaction among adolescents took place at the “SviTY” space. Participants were involved in preparing the space together and engaged in interactive activities that encouraged empathy, non-verbal communication, and deeper connection with peers. The session created a safe environment where adolescents could express themselves freely, feel supported, and experience a sense of belonging. The meeting contributed to strengthening social bonds and building trust within the group.



February in Khmelnytskyi

Course “Micro-Entrepreneurship”

Within the “Micro-Entrepreneurship” course, adolescents continue developing their ideas, gradually moving from concept to real project implementation. During the sessions, participants analyze key stages of product creation, calculate cost structures, and explore basic promotion strategies. The live dialogue format encourages active participation, entrepreneurial thinking, and the ability to identify opportunities in different contexts. The course combines practical tools with a supportive environment, helping adolescents maintain motivation and confidence in their ideas.



Podillian Embroidery Workshop

A workshop dedicated to the traditions of Podillian embroidery was held at the “SviTY” space. Adolescents worked on recreating elements of traditional embroidered garments while learning about regional ornamentation and symbolism across Ukraine. The session combined practical work with cultural and historical context, allowing participants to better understand embroidery as part of national heritage. Through hands-on experience, they recognized the complexity and precision of the craft, fostering respect for traditions, improving concentration, and strengthening intergenerational connection.



February in Zhytomyr

3 Years of the “SviTY” Space in Zhytomyr

The “SviTY” space in Zhytomyr marked three years of activity as a safe and supportive environment for adolescents. Implemented in partnership between the KIDS OF UKRAINE Charitable Foundation and BGV, the initiative has become an important point of support for young people in the community. Participants have access to psychosocial support, educational opportunities, and a strong peer network, contributing to the development of confidence, social skills, and a sense of belonging. The space fosters safe growth, personal development, and trust in oneself and others.



Training “The Strengths of Your Temperament”

As part of the program, the training “The Strengths of Your Temperament” was conducted, focusing on self-awareness and self-acceptance among adolescents. Participants explored their individual response patterns, energy levels, emotionality, and decision-making styles, recognizing these traits as resources rather than limitations. The training helped reduce self-criticism, increase confidence, and foster greater tolerance for differences in others. It also contributed to improved communication, reduced conflict, and the development of self-regulation skills, supporting emotional stability.



Thank You!



Ways you can help us:



Monthly subscription “One to One for \$21”

One adult can support one child participating in the “SviTY” program. A \$21 monthly donation covers a full month of access to psychosocial, educational, and other activities.



Financial support

Every contribution matters. Your support helps us maintain safe spaces where teenagers can heal, grow, and regain confidence in themselves.



Informational support

Sharing our posts, recommending us to friends and colleagues, or mentioning us in your community helps more people learn about the “SviTY” program — both those who are ready to support and those who may need it.



Subscribe to our pages

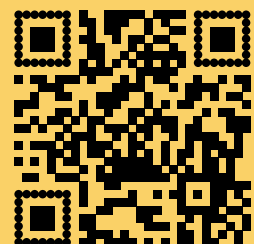
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