Impact report

January 2025

KIDS OF UKRAINE

Data for the month of January

For the period January 1-31, 2025*

In January, there were **943 visits** to our activities

28
Group sessions with psychologists

23
hours of individual psychological sessions

15
Creative workshops

8
Educational trainings on important topics

19
Excursions, activities, and team games

44
English Lessons and Speaking Clubs

**Data on the activities of the "SviTY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*

January in Lviv

Interactive Science Museum

As part of a program for teenagers, an educational trip was organized to the Science Museum in Lviv. This is a space where science becomes accessible, exciting, and interactive. Participants had the opportunity to conduct their own research, interact with exhibits, and study physical phenomena and technical processes. Such visits promote curiosity, critical thinking, and interest in science. In an interactive environment, teenagers not only acquire new knowledge but also have a positive emotional experience, which strengthens their motivation to learn.

Strategic Session for the Kids of Ukraine Team

The team of the Kids of Ukraine Charity Fund participated in a strategic session that helped create a plan of action for 2025. Using the business game "Strategic Planning", participants identified over 100 goals in important areas: values, clients, processes, finances, communications, partners, resources, and the team. Five hours of productive work allowed for a deep analysis of current activities, setting priorities, and planning the next steps to enhance the organization's effectiveness.

January in Cherkasy

Master Class in Sand Animation

A master class in sand animation was a unique creative event that combined art, imagination, and therapeutic effects. Teenagers had the opportunity to create animation scenes using only sand and their imagination. Such an experience helps express emotions, relax, and relieve stress. For many participants, this was their first encounter with sand animation — exciting and fascinating.

Training with a Psychologist "Me and My Emotions"

During the training, teenagers explored what emotions are, how they arise, and why it is important to be able to recognize and express them. Participants examined various life situations, learned to recognize emotions through facial expressions, discussed ways to respond to stress, and tried emotional self-regulation techniques. Interactive tasks, group work, and exercises to develop empathy were particularly valuable. The atmosphere of the training was trusting and supportive, which helped teenagers openly share their experiences and feel understood. Such meetings help participants better understand themselves, improve communication with others, and strengthen emotional resilience.

January in Khmelnytskyi

Training Program for Career Orientation

In January, a new training program for career orientation for teenagers was launched. Its goal is to help participants better understand themselves, identify their strengths, talents, and determine the direction of their professional development. Teenagers become familiar with different categories of professions and analyze which ones suit them best. Through testing and practical exercises, participants explore their interests, abilities, and opportunities, learning to make informed choices, considering both their desires and real resources.

Support Group for Parents

Group meetings of mutual support with parents have deep significance for both the parents and their children. In a safe circle of like-minded people, parents discuss current topics related to raising teenagers, share their experiences, and feel that they are not alone. This helps reduce anxiety and restore inner resources.

Psychologists select special exercises to support and restore, so that in daily worries, parents can find joy, meaning, and inner strength. Only emotionally resilient and fulfilled adults can give their children the most important thing — a sense of security.

January in Zhytomyr

One Year of the "Svity" Space in Zhytomyr

Last January, a place appeared in Zhytomyr that became a haven for teenagers who experienced the war. Here, they can once again feel safe, find support, friends, and opportunities. The war forced these children to grow up too early. They lost their homes, normal lives, and friends. Some fled from shelling, hid in basements, and survived under occupation. Teenagers who turned to "Svity" left their homes in the Kherson, Kharkiv, Donetsk, and Zaporizhia regions and found a new home where they are understood and accepted.

Over the past year, the center has hosted more than 550 training sessions and master classes — hundreds of moments when children discovered new horizons, learned to cope with emotions, mastered creative and sports skills, and simply lived a life that the enemy tried to take from them.

Training "Hello, It's Me!"

The "Hello, It's Me" training was aimed at supporting the psychological adaptation of teenagers through getting to know each other, developing communication skills, and building trusting relationships within the group. Thanks to interactive activities, creative tasks, and joint activities, participants had the opportunity to feel like part of a community, reduce stress, and increase self-confidence.

Thank You!

Ways you can help us:

Tell others about us

Share information about our activities so that more people can learn about our project.

Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.

Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

- instagram.com/svity.lviv
- linkedin.com/company/kids-of-ukraine
- kidsofua.org
- facebook.com/Kidsofua

Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350-400.

We are grateful for any support.

kidsofua.org/support