Impact report

January 2026

KIDS OF UKRAINE

Data for the month of January

For the period January 1-31, 2026*

In January, there were **2726 visits** to our activities

67
Group sessions with psychologists

19
hours of individual psychological sessions

32
Creative workshops

94
Educational trainings on important topics

67
Excursions, activities, and team games

23
English Lessons and Speaking Clubs

**Data on the activities of the "SviTY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*

January in Lviv

Educational Training: Leadership and Team Interaction

A practical session on leadership and team dynamics was held at the "SviTY" space. Adolescents engaged in games and team challenges that revealed how roles naturally emerge in action, including initiators, organizers, coordinators, and supporters. The unassigned roles format allowed participants to experience their influence within the team, understand the importance of interaction, trust, and shared responsibility. The session fostered communication skills, decision-making, and an understanding of leadership as a process developed through action rather than status.

Financial Literacy through Practice and Play

As part of the program, a practical session on financial literacy was conducted. Adolescents worked with real-life financial scenarios, learning to set achievable goals, plan income and expenses, and understand the connection between personal values and financial decisions. The game-based approach made complex topics accessible and reduced tension around money management. The session contributed to developing conscious financial habits, personal responsibility, and confidence in planning for the future.

January in Cherkasy

Financial Literacy Training: “Life Capital” Game

In January, adolescents began a series of financial literacy trainings combining theoretical modules with practical exercises through the transformative game “Life Capital.” Participants learned to distinguish between needs and wants, set financial goals, and recognize the consequences of their decisions. The game-based format encouraged active engagement, reinforcing skills in planning, responsibility, and financial independence.

Masterclass: “Aroma Candle”

The aroma candle masterclass provided a creative activity aimed at emotional relief and developing inner balance. Adolescents worked with wax and scents, experimenting with combinations to create personalized candles. The process allowed participants to focus on their own sensations, slow down, and experience control over the outcome of their work. These activities support stress reduction, foster creative self-expression, and build a sense of safety and comfort through simple but meaningful actions.

January in Khmelnytskyi

Launch of the “Micro-Entrepreneurship” Course

In March, the “Micro-Entrepreneurship” course began, designed to develop financial thinking and understanding of different professional pathways. During the first session, adolescents analyzed key sectors of economic activity — from employment and self-employment to business and investing — discussing advantages and limitations of each. The live dialogue format encouraged active participation and deeper engagement. The course combines practical learning with reflection, helping participants form a conscious approach to career choices and financial future planning.

Participation in a Debate Tournament

The adolescent team from “SviTY” participated in a debate tournament dedicated to the anniversary of the Battle of Kruty. Skills developed in the debate club, including argumentation, critical thinking, and public speaking, allowed the team to perform confidently and secure a prize position in one of the rounds. The event was not only an intellectual competition but also a way to engage with history through dialogue. Participation in such activities supports leadership development, the ability to defend one’s position, and awareness of civic responsibility.

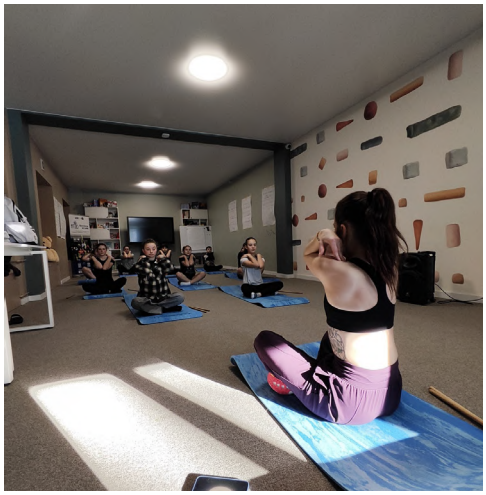
January in Zhytomyr

Financial Literacy Training

Participants at the "SviTY" program in Zhytomyr took part in a financial literacy training aimed at fostering responsible attitudes toward money and developing internal stability. They worked on planning expenses, prioritization, and decision-making while understanding the link between choices and consequences. Emphasis was placed on self-regulation, delaying gratification, and recognizing emotions that affect financial behavior. Discussions on income, savings, and values helped develop mature financial thinking and reduce future-related anxiety. The training became an essential part of personal development, supporting independence and confidence in participants' own decisions.

Stick Fit Sessions

Stick Fit sessions provided a body-oriented practice focused on reducing emotional tension and developing mindful contact with the body. Using a stick as a structured tool, participants worked on balance, boundaries, and control, directly supporting the development of personal limits. Rhythmic exercises helped regulate tension, improve concentration and coordination, while the group format reinforced a sense of engagement and safety. The practice contributed to emotional stabilization and increased confidence in personal capabilities.



January

First Winter Camp “SviTY”

This winter, 23 adolescents from all “SviTY” centers gathered in Ivano-Frankivsk for a joint program focused on recovery and strengthening internal resources. For many, it was the first time meeting peers from other cities, sharing experiences, and feeling the power of community. The camp program, based on the “SviTY” methodology, focused on restoring internal resources, developing leadership skills, teamwork, and strengthening personal resilience.

During the camp, participants explored career paths, visited innovative local spaces, and engaged in active, meaningful experiences as a unified team. The winter camp provided an extraordinary experience that impacted each participant and marked the beginning of many future camps and shared achievements.

Thank You!

Ways you can help us:

Monthly subscription "One to One for $21"

One adult can support one child participating in the "SviTY" program. A $21 monthly donation covers a full month of access to psychosocial, educational, and other activities.

Financial support

Every contribution matters. Your support helps us maintain safe spaces where teenagers can heal, grow, and regain confidence in themselves.

Informational support

Sharing our posts, recommending us to friends and colleagues, or mentioning us in your community helps more people learn about the "SviTY" program — both those who are ready to support and those who may need it.

Subscribe to our pages

Learn more about our activities:

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Contact us

contact@kidsofua.org

+38 095 288 49 28

kidsofua.org/support