



Impact report

July 2025

Data for the month of July

For the period July 1-31, 2025*

In July, there were **1498 visits** to our activities



32

Group sessions
with psychologists



30

Hours of individual
psychological sessions



23

Creative
workshops



17

Educational trainings
on important topics



18

Excursions, sports,
and team games



23

English Lessons
and Speaking Clubs

**Data on the activities of the "SviTY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*



July in Lviv

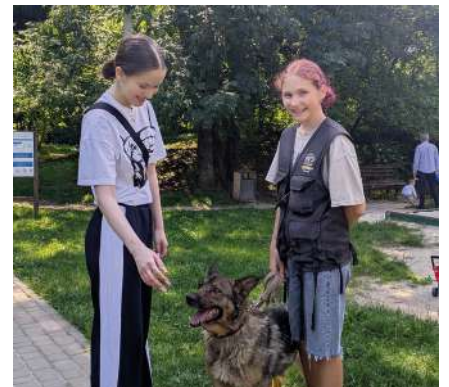
SviTY Camp in the Carpathians, July 10–18

Genuine emotions, new experiences, real adventures, and team spirit — that's how we can describe the second session of the SviTY recovery camp in the Carpathians. Eight days passed like a kaleidoscope of bright moments. With a rich program led by psychologists, team leaders, and guides, participants not only took a break from everyday life but also gained new skills, faced their fears, and recharged in an incredibly beautiful, peaceful environment. Each day was filled with new emotions and discoveries: hiking in picturesque mountains, rafting on a rapid river, team challenges, morning runs, and much more. Campers found strength within themselves, tried new activities, and supported each other wholeheartedly. For some, it was their first camp and even their first time visiting the Carpathians.



Visit to the Animal Rescue Shelter

During a visit to the Animal Rescue Shelter in Lviv, teenagers met the residents, learned their rescue stories, and offered attention, care, and time. Playing, interacting, and walking with the animals created moments of genuine connection, showing that kindness can be expressed without words. These experiences teach empathy, responsibility, and the understanding that even small acts of care can change lives — whether it's an animal's life or our own. The world becomes a better place when we show care.



July in Cherkasy

Visit to the Art Train

The Art Train came to our city — a unique traveling exhibition combining contemporary art with an unconventional format. Howard G. Buffett's photo exhibition, *Courage of a Nation*, was displayed across three train cars, each telling a different story and evoking distinct emotions. It offered a space to observe, ask questions, share impressions, and explore important topics through art. Experiences like this help teenagers reflect on current events, see the bigger picture, and process what they see and hear thoughtfully.



Group Sessions with a Psychologist

At the SviTY Center, we create an environment where teenagers feel supported and can better understand themselves. Group sessions with a psychologist focus on developing emotional intelligence — recognizing and naming emotions, understanding others, and staying in touch with oneself without judgment. These skills are essential for communication, decision-making, and building healthy relationships. In a safe space, teenagers learn to discuss difficult topics, listen to each other, and grow both emotionally and personally.



July in Khmelnytskyi

Workshop: “Me and My Friends”

This session focused on friendship, support, and self-presentation. Teenagers shared facts about themselves, discussed hobbies and values, and practiced communication and listening skills. They explored who inspires them, where they find motivation, and what helps them move forward during difficult times. Simple phrases of encouragement spoken aloud created trust and reminded participants how meaningful kind words can be, especially when most needed.



Photoshoot in the Rain

Even rain didn't stop our event — it added atmosphere and vibrant emotions. Teenagers took photos outdoors, experimented with locations and angles, captured raindrops, and laughed together. The resulting photos were lively and authentic, perfectly reflecting the mood of the moment. For participants, it was an opportunity to see themselves differently, celebrate their individuality, and preserve emotions in images that will last.



July in Zhytomyr

SviTY Camp in the Carpathians, June 29–July 7

The recovery camp in the Carpathians is a unique program for teenagers who have experienced stress, loss, or challenging circumstances. Every day, participants take part in sessions with a psychologist, learning to recognize and name their emotions, manage anxiety and fear, and build trusting relationships with peers and adults. Each day combines learning, games, creativity, and outdoor activities: hiking in the mountains, team challenges, morning exercises, and evenings by the campfire. The Carpathian camp it is a space for healing, new discoveries, and genuine friendships.



Educational Game: “Liza Travels the World”

The game combines interactivity, learning, and values, helping teenagers explore different cultures, and traditions through personal experience and teamwork. Participants discuss ideas, listen to each other, and find solutions together, developing communication, and reasoning skills. The game format encourages learning through action, immerses players in the storyline, and activates positive emotions while building emotional intelligence, moral orientation, and global thinking.



Thank You!



Ways you can help us:



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Share information about our activities so that more people can learn about our project.



Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



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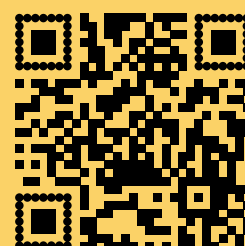
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Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



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