



Impact report

May 2025

Data for the month of May

For the period May 1-31, 2025*

In May, there were **1758 visits** to our activities



44

Group sessions
with psychologists



31

Hours of individual
psychological sessions



26

Creative
workshops



22

Educational trainings
on important topics



32

Excursions, sports,
and team games



58

English Lessons
and Speaking Clubs

**Data on the activities of the "SviTY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*



May in Lviv

Generation Tech Course: Introducing IT to Teenagers

In the spring, teenagers had a unique opportunity to immerse themselves in the world of technology thanks to a course from the company SoftServe. Sixteen intensive sessions were more than just an introduction to programming basics or logical tasks. It was about opening new horizons, believing in themselves and their abilities. Children learned the principles of teamwork, trained effective communication skills, learned to manage time, and understood the difference between hard and soft skills. They also learned how artificial intelligence works and the challenges it poses to the world. Such projects create a new reality — where technology becomes a tool of strength, development, and self-confidence.



One-Day Intensive

May concluded with a day of strength, knowledge, and support! We gathered teenagers for a one-day intensive where every minute was filled with energy, valuable knowledge about safety, and real teamwork! Together, we: immersed ourselves in an interactive workshop where teenagers worked in teams, gained practical knowledge about safety, and learned to respond to various crisis situations, learned where to turn when something threatens safety, and even called a rapid response team. We made a lot of effort to create an atmosphere where everyone could feel important, and we succeeded!



May in Lviv

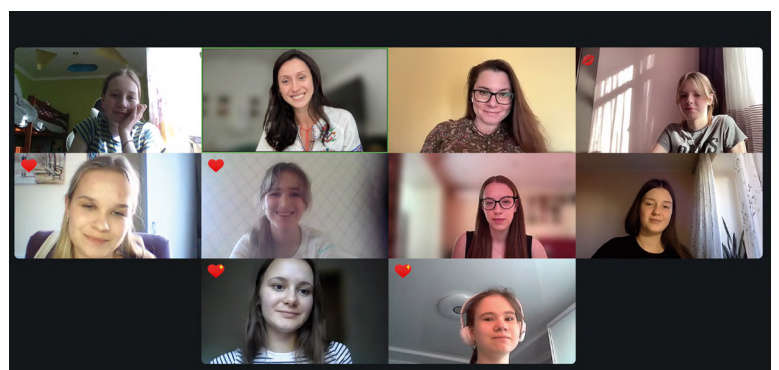
Open Day

At the beginning of May, we had a truly special day filled with warmth and new acquaintances. New families visited our space, and we introduced them to the "Svity" recovery program. We talked about how the classes are conducted and showed the space where everyone can restore their inner resources in a friendly atmosphere through games, creativity, and unconditional support. A special part of the program was a creative master class for children, which allowed them to experience firsthand the atmosphere of our classes. We look forward to welcoming new participants to our classes!



Completion of the "School of Psychology" Course

Teenagers successfully completed an educational course from the Ukrainian Catholic University. Over ten weeks, they gained important knowledge about psychology, mental health, and personal development. The course aimed to develop personality, emotional intelligence, and self-help skills. Participants learned about the impact of nutrition on mental health and improved their skills in building healthy relationships. This course was a significant step in forming the life competencies of teenagers and supporting their emotional well-being.



May in Cherkasy

Workshop "Creative Traditions"

In May, in honor of the Day of Embroidery, we conducted a workshop for teenagers — "Creative Traditions." Participants handmade heart-shaped keychains, decorating them with elements of Ukrainian embroidery. By combining modern design with national motifs, each teenager made a unique accessory — a symbol of love for Ukrainian culture. The master class combined creativity, learning about traditions, and lively communication. This was not just a creative process, but also an opportunity to feel part of a community that preserves and passes on Ukrainian identity — sincerely and in a contemporary way.



Journey to Korsun-Shevchenkivskiy

The journey began with a visit to the Historical Museum, where participants immersed themselves in the centuries-old history of the region — from the era of mammoth hunters to the events of World War II. The next stage was a 17th-century palace — a place where every stone and architectural detail tells its unique story. The journey concluded in a canyon on the Ros River, where hanging bridges, crystal-clear spring water, and picturesque views created an atmosphere of inspiration and tranquility.



May in Khmelnytskyi

Workshop on "Networking"

In May, teenagers participated in an interesting workshop on "Networking." They discussed how to properly introduce themselves, in which situations it is worth doing so, and when not to, as well as how to effectively maintain and use contacts. Children actively joined the conversation — asking questions, sharing their thoughts, and analyzing their own experiences. Some learned something new, while others saw their communication mistakes. The meeting was light and interesting!



Introducing "Svity" to the City

At the end of May, the team and teenagers presented the "Svity" program at a city-wide event. This was an important step — to go into the city space and tell about what we are creating. For the children, this became a useful experience — they talked about the program, communicated with guests, answered questions, and learned to work in a team in a public space. This format not only introduced other families to "Svity" but also strengthened the sense of involvement, responsibility, and support within the club.



May in Zhytomyr

Training for Teenagers and Their Moms

In May, we conducted a warm training for teenagers and their moms in honor of Mother's Day. During the meeting, participants worked together to strengthen trust and emotional connection, learned to better understand and express their feelings, and openly communicate without conflicts. Special attention was given to understanding the role of a mother in a teenager's life and accepting each other with gratitude. This event became a space of support that helped families become closer and more sincere.



Open Day

In Zhytomyr, an Open House Day was held for new families, allowing them to immerse themselves in the atmosphere of our community, meet the team, and other participants. During the event, families participated in creative master classes — painting tote bags with acrylic paints, playing games, and spending time together. This helped strengthen trust and create a warm, supportive atmosphere for every participant.



Thank You!



Ways you can help us:



Tell others about us

Share information about our activities so that more people can learn about our project.



Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

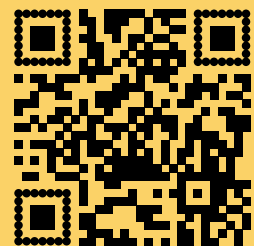
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Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



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